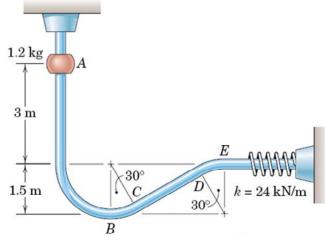
Work-Energy: Exercise 1



The 1.2-kg slider is released from rest at A and slides without friction along the guide.

Determine (a) the **speed** v_B of the slider at B and (b) the **maximum deflection** δ of the spring.

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3/149 Estoblish datum @ A.

(a)
$$T_A + V_A = T_B + V_B$$

 $0 + 0 = \frac{1}{2} m v_B^2 - m_g h_B$
 $v_B = \sqrt{2gh_B} = \sqrt{2(9.81)(4.5)} = \frac{9.40 \text{ m/s}}{2}$

(b) State F: Spring fully compressed

$$T_A + V_A = T_F + V_F$$
 $0 + 0 = 0 - mgh_f + \frac{1}{2}ks^2$
 $5 = \sqrt{\frac{2mgh_f}{k}} = \sqrt{\frac{2(1.2)(9.81)(3)}{24000}} = 0.0542 \text{ m}$

or
$$S = 54.2 \, \text{mm}$$