

3/154 For the system, $T_1 + V_1 + U_{1\cdot 2} = T_2 + V_2$ $\pm m_1 v_1^2 + \pm k_1 v_2^2 + o = \pm m_1 v_2^2 + \pm k_1 v_2^2 - mgh$,

where the datum is the initial position and

h is the drop distance. Note that the
spring deflection runs at twice that of the

cylinder. Numbers: $\pm 6(12) \left[\frac{3}{12} \right]^2 = \pm \frac{100}{32.2} v_1^2 + \pm 6(12) \left[\frac{3+2(\frac{1}{2})}{12} \right]^2 - 100 \left(\frac{\frac{1}{2}}{12} \right)$ $v_1 = 1.248$ ft/sec