

A dramatic photograph of a skydiver in mid-air, performing a backflip or similar maneuver. The skydiver is wearing a dark suit and a helmet. They are positioned in the upper left quadrant of the frame, against a backdrop of a vast city skyline at sunset. The city lights are just beginning to glow, and the sky is a mix of blue and orange. In the foreground, the edge of a building's roof is visible on the left, and the Oriental Pearl Tower is prominent on the right. The overall scene conveys a sense of height, motion, and urban scale.

# General Plane Motion

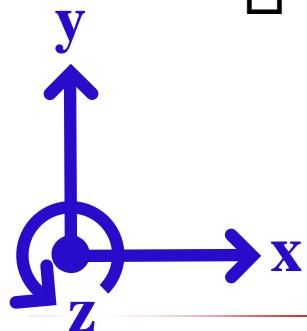
**Lecture 26**

---

**ME 231: Dynamics**

# What Additional Steps Are Required for Inverse Dynamics?

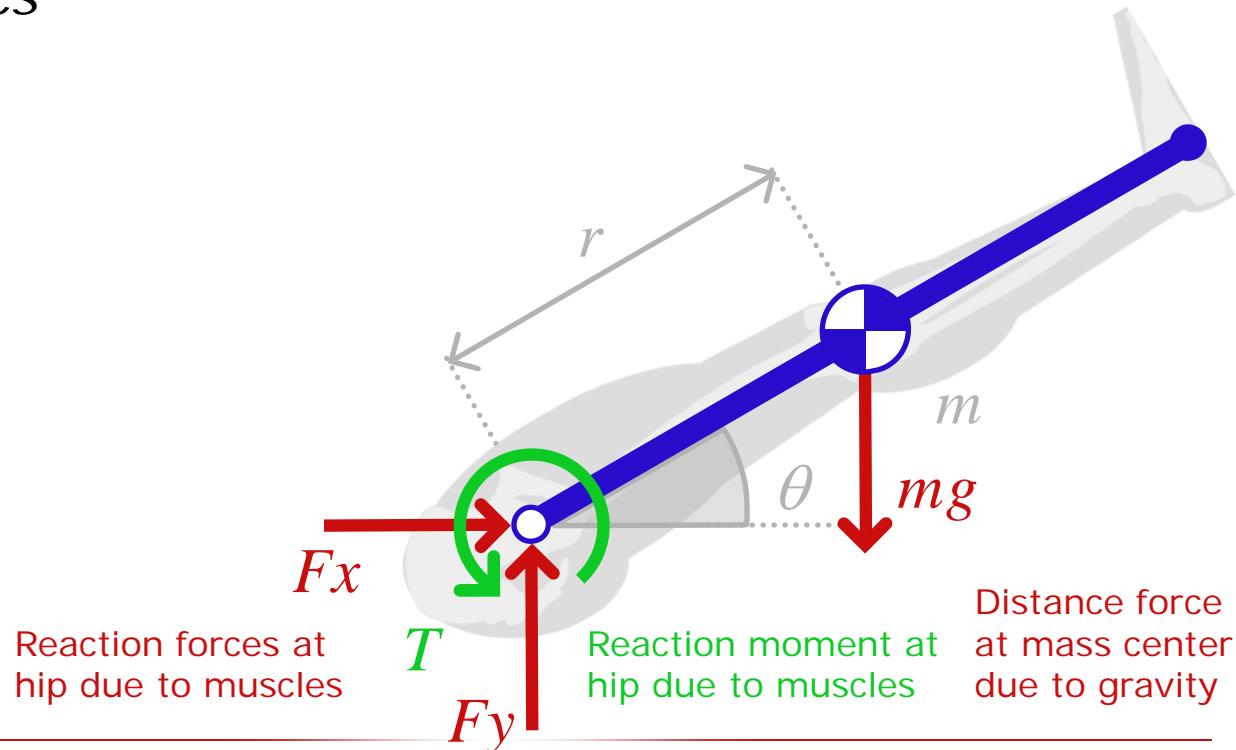
1. Create free body diagram
  - Reaction forces & moments
  - Distance forces & moments
  -
2. Hint: *kinematics*
  - 
  - 
  -
3. Hint: *kinetics*
  - 
  -



Kinematics: study of motion of a body without considering forces that cause that motion

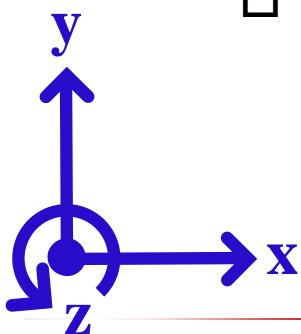
Kinetics: study of how external forces contribute to the motion of a body

Dynamics = kinematics + kinetics

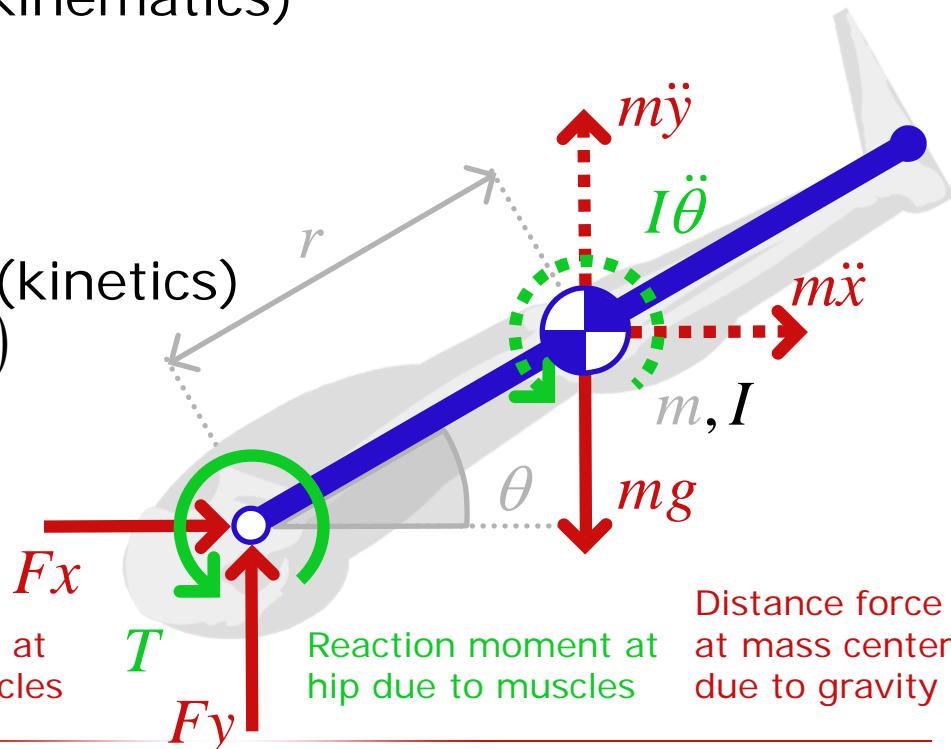


# What Additional Steps Are Required for Inverse Dynamics?

1. Create free body diagram
  - Reaction forces & moments
  - Distance forces & moments
  - Inertia forces & moments
2. Form motion quantities (kinematics)
  - Positions ( $x, y, \theta$ )
  - Velocities ( $\dot{x}, \dot{y}, \dot{\theta}$ )
  - Accelerations ( $\ddot{x}, \ddot{y}, \ddot{\theta}$ )
3. Apply Newton's 2nd Law (kinetics)
  - Forces ( $\sum F_x = m\ddot{x}$ ), ( $\sum F_y = m\ddot{y}$ )
  - Moments ( $\sum M = I\ddot{\theta}$ )



Reaction forces at hip due to muscles



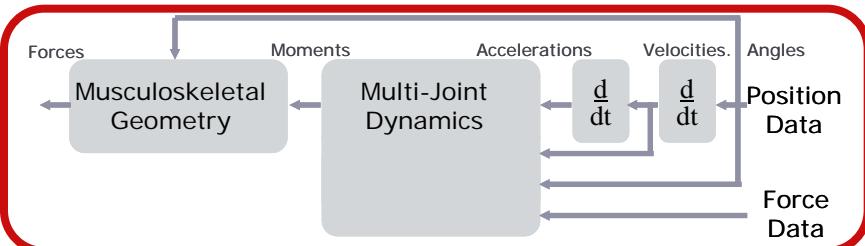
Distance force at mass center due to gravity

Kinematics: study of motion of a body without considering forces that cause that motion

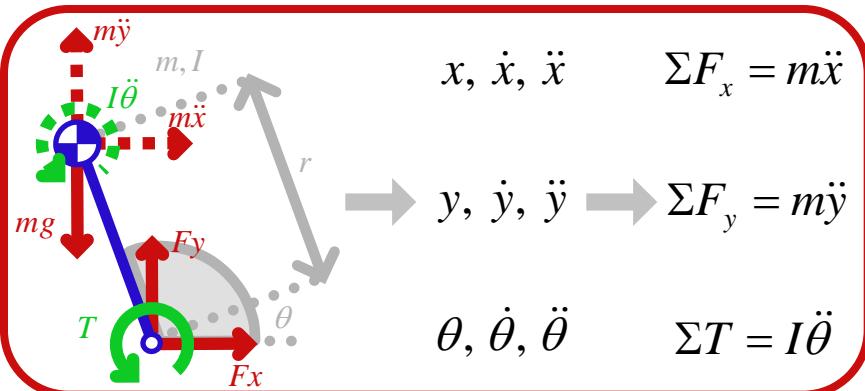
Kinetics: study of how external forces contribute to the motion of a body

Dynamics = kinematics + kinetics

# Plan for Today

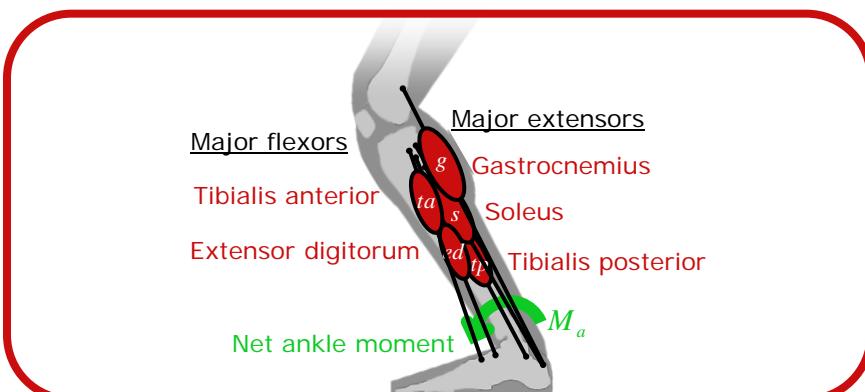


Quick review of the inverse dynamics problem



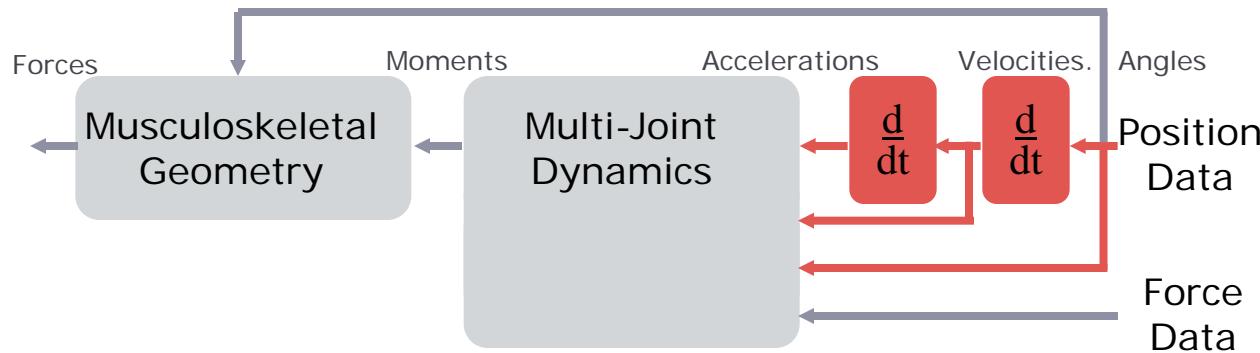
3 steps for inverse dynamics

- Free body diagram
- Kinematics
- Kinetics



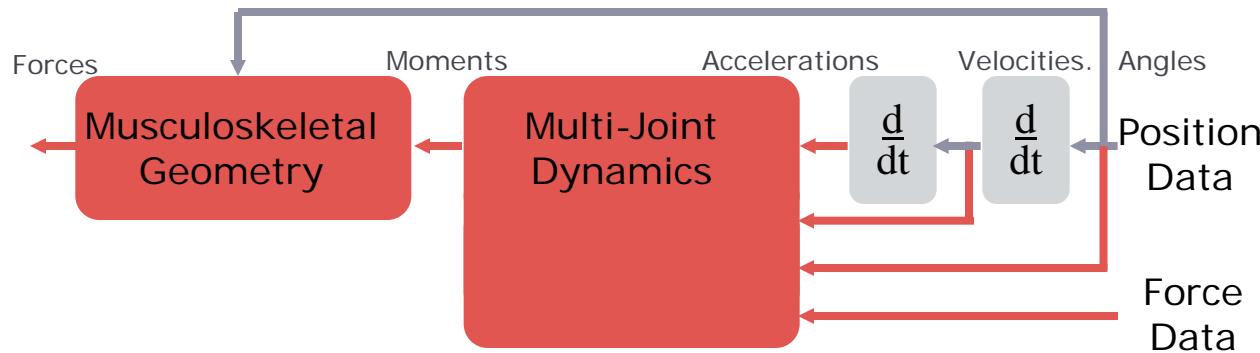
Distribution problem

# The Inverse Dynamics Problem



- ✓ Identify question that you will use inverse dynamics to answer
- ✓ Based on question, determine DOFs to be measured and modeled
- ✓ Measure joint kinematics
- ✓ Filter and differentiate kinematics data

# The Inverse Dynamics Problem



- Derive equations of motion from model of system
- Solve equations of motion with and without external forces
- Use musculoskeletal geometry and assumptions about force distribution to estimate individual muscle forces

## A Possible Question

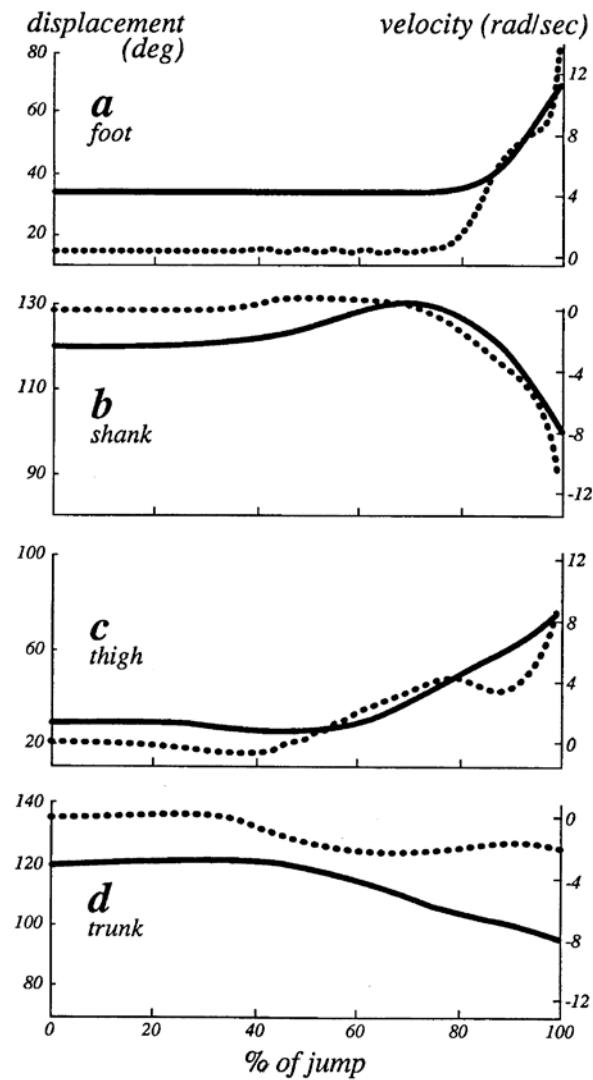
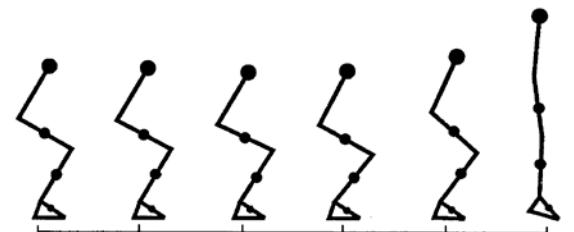
What are the sagittal plane moments about the ankle, knee, and hip during a maximum height jump?

Experimental set-up



## The Experimental Results

Experiments provide joint angles, angular velocities, and ground reaction forces during movement

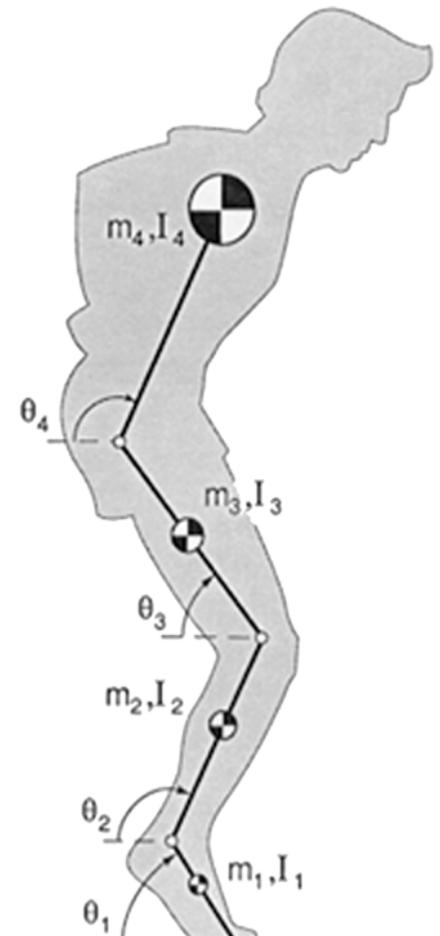


## Model of System

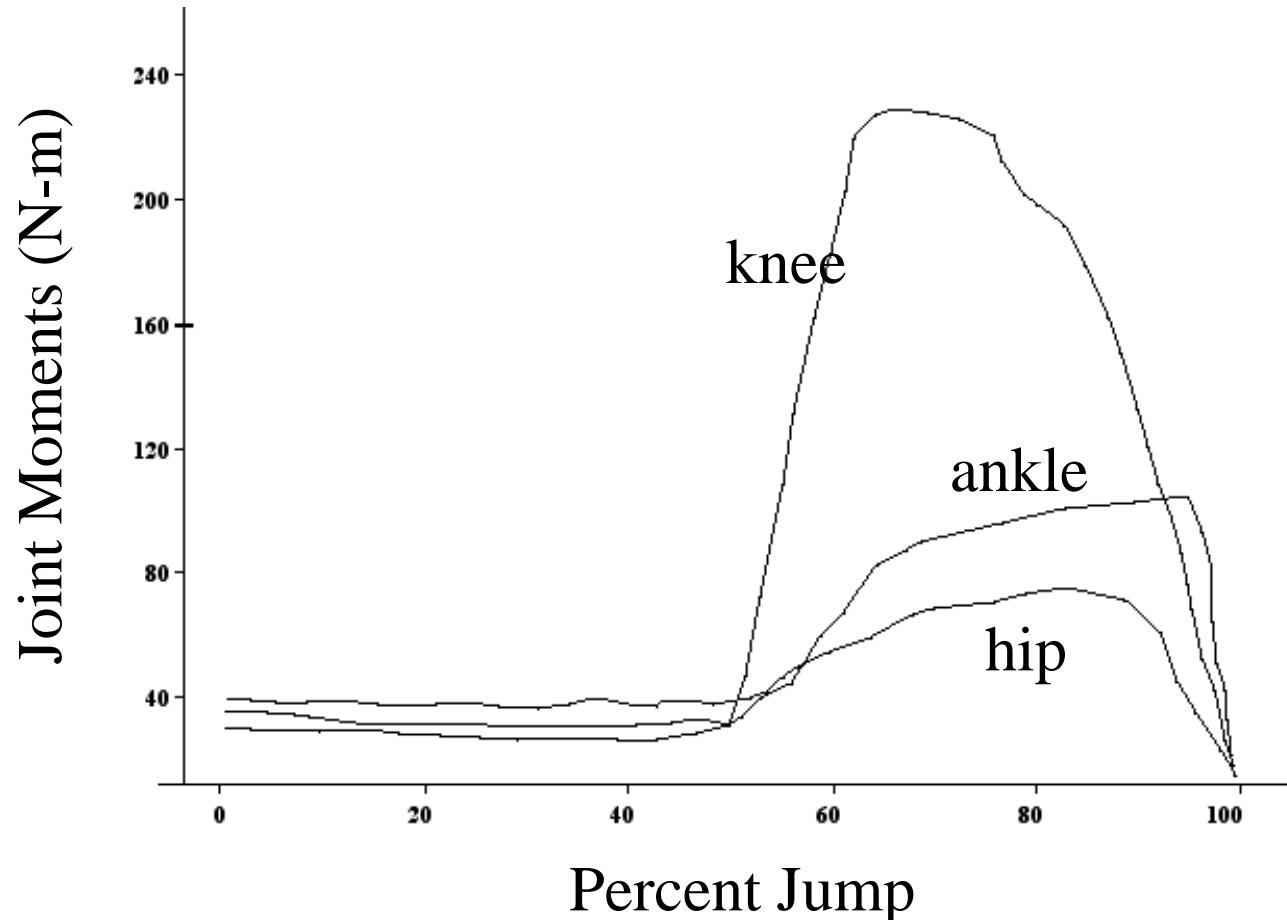
Must include

- segment masses
- segment lengths
- inertial properties

How do we get these values?

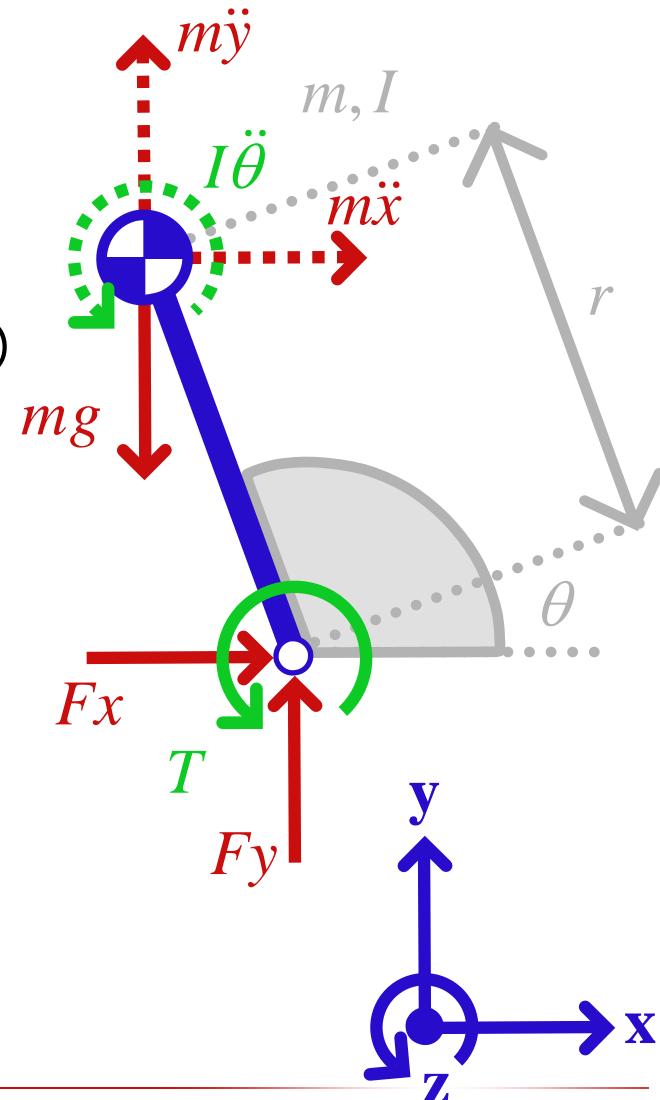


## Use Inverse Dynamics to Calculate Net Joint Moments



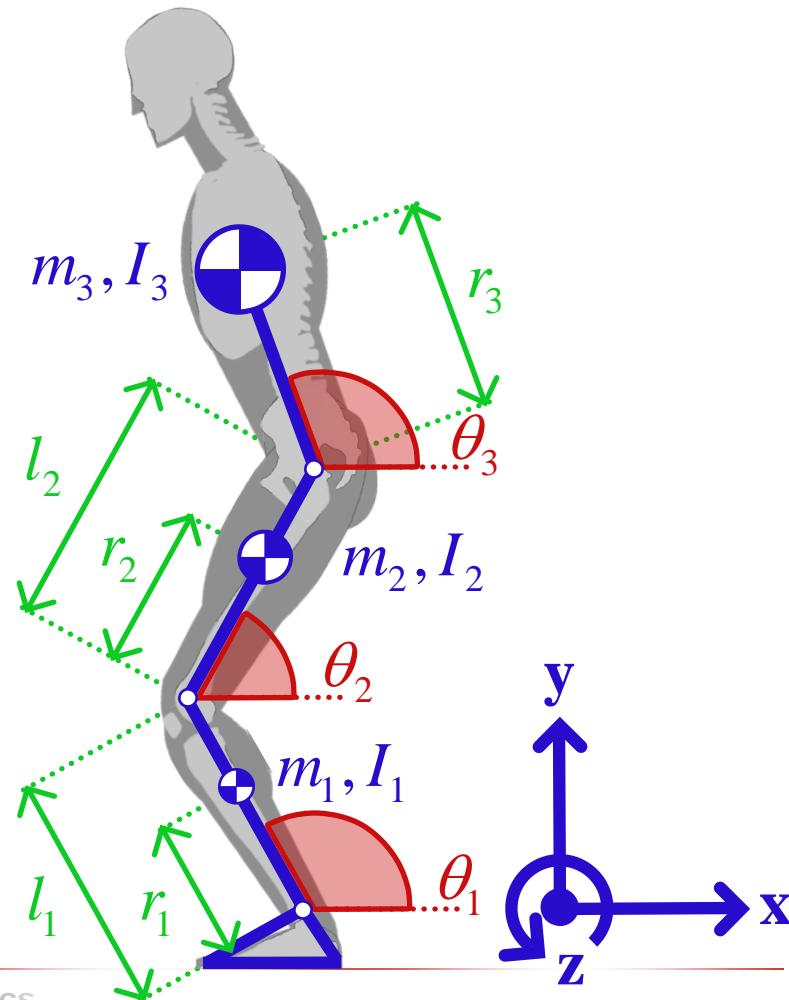
## 3 Steps to Inverse Dynamics

1. Create free body diagram
  - Reaction forces & moments
  - Distance forces & moments
  - Inertia forces & moments
2. Form motion quantities (kinematics)
  - Positions ( $x, y, \theta$ )
  - Velocities ( $\dot{x}, \dot{y}, \dot{\theta}$ )
  - Accelerations ( $\ddot{x}, \ddot{y}, \ddot{\theta}$ )
3. Apply Newton's 2nd Law (kinetics)
  - Forces ( $\sum F_x = m\ddot{x}$ ), ( $\sum F_y = m\ddot{y}$ )
  - Moments ( $\sum M = I\ddot{\theta}$ )



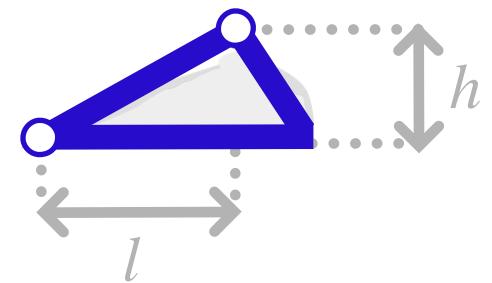
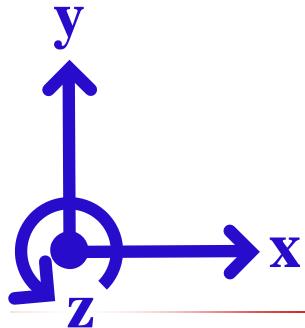
## Example Problem

- Planar 3 degrees of freedom
- Position (orientation) in global coordinate system
- Segment length =  $l_i$
- Distance to mass center =  $r_i$
- Moments of inertia about mass center
- Foot has no mass and remains on ground



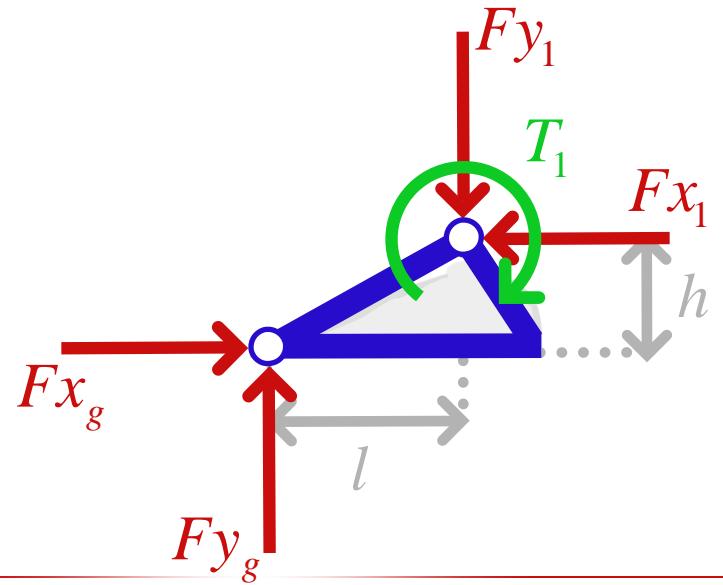
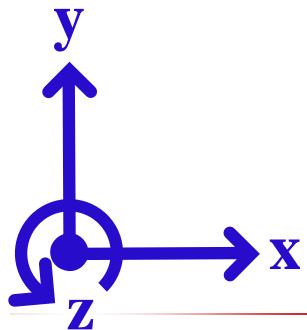
## Segment 0 (foot) is Ground

1. Create free body diagram (statics *NOT* dynamics)
  - Reaction forces & moments



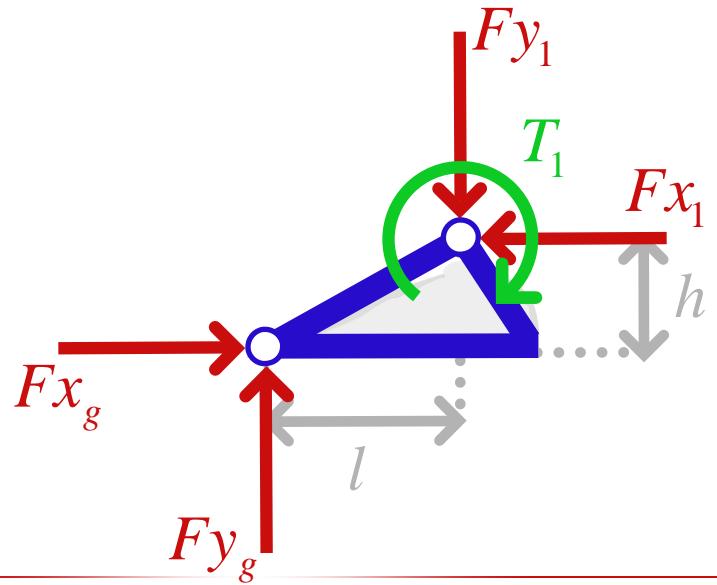
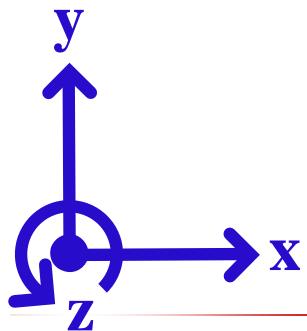
## Segment 0 (foot) is Ground

1. Create free body diagram (statics *NOT* dynamics)
  - Reaction forces & moments



## Segment 0 (foot) is Ground

1. Create free body diagram (statics *NOT* dynamics)
  - Reaction forces & moments
2. Apply Newton's 1<sup>st</sup> Law ( $ma = 0$ )
  - Forces
  - Moments



## Segment 0 (foot) is Ground

1. Create free body diagram (statics *NOT* dynamics)
  - Reaction forces & moments
2. Apply Newton's 1<sup>st</sup> Law ( $ma = 0$ )

- Forces

$$\Sigma F_x = 0$$

$$\Sigma F_y = 0$$

$$F_{x_g} - F_{x_1} = 0$$

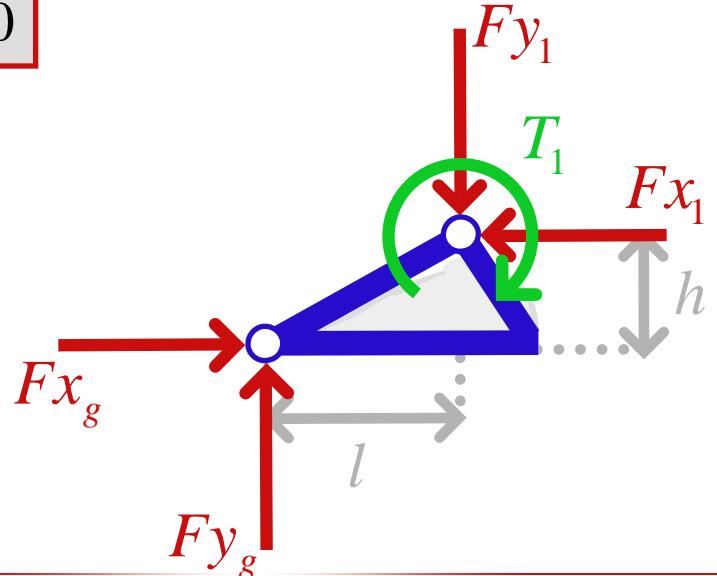
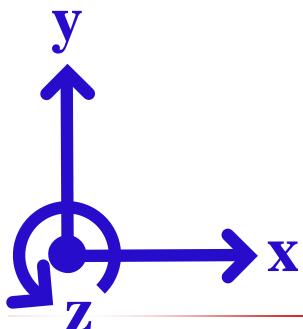
$$F_{y_g} - F_{y_1} = 0$$

- Moments

$$\Sigma M = I_1 \ddot{\theta}_1$$

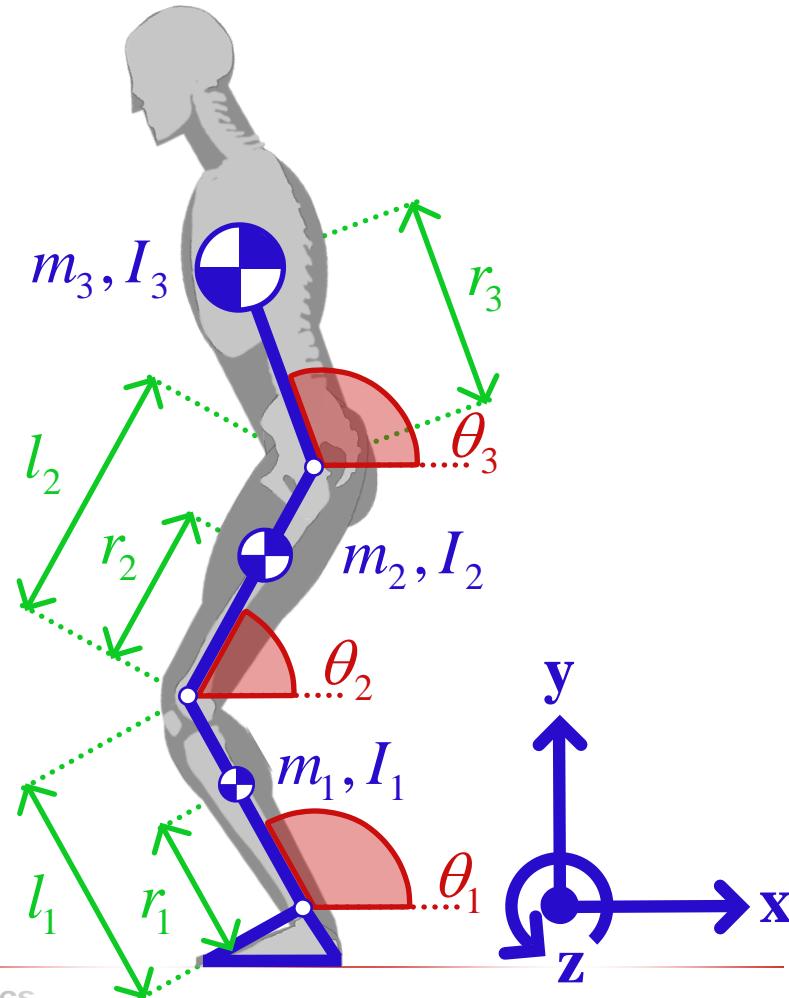
$$F_{x_g} h - F_{y_g} l - T_1 = 0$$

$$\begin{bmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 1 \end{bmatrix} \begin{bmatrix} F_{x_1} \\ F_{y_1} \\ T_1 \end{bmatrix} = \begin{bmatrix} F_{x_g} \\ F_{y_g} \\ F_{x_g}h - F_{y_g}l \end{bmatrix}$$



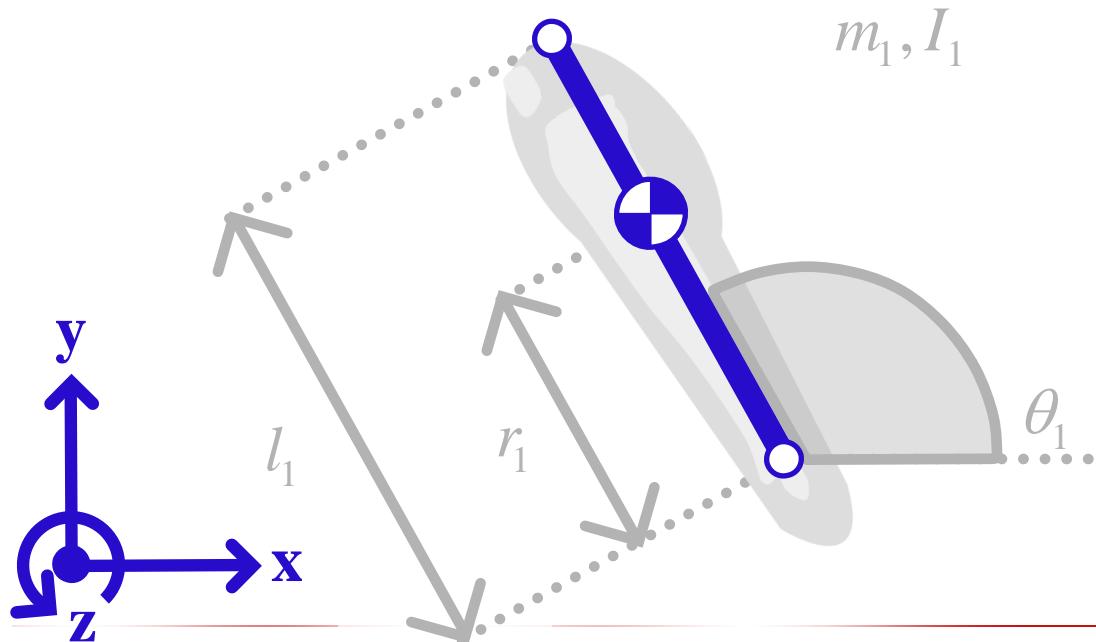
## Example Problem

- Planar 3 degrees of freedom
- Position (orientation) in global coordinate system
- Segment length =  $l_i$
- Distance to mass center =  $r_i$
- Moments of inertia about mass center
- Foot has no mass and remains on ground



## Segment 1 (shank)

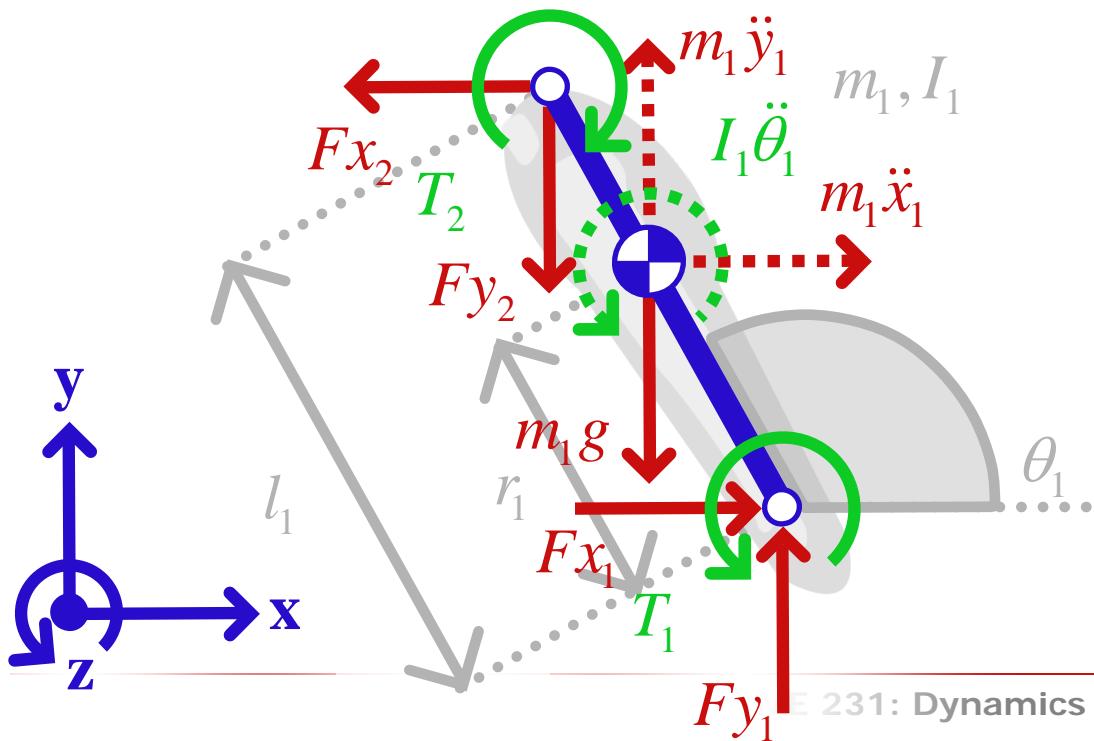
1. Create free body diagram
  - Reaction forces & moments
  - Distance forces & moments
  - Inertia forces & moments



## Segment 1 (shank)

1. Create free body diagram

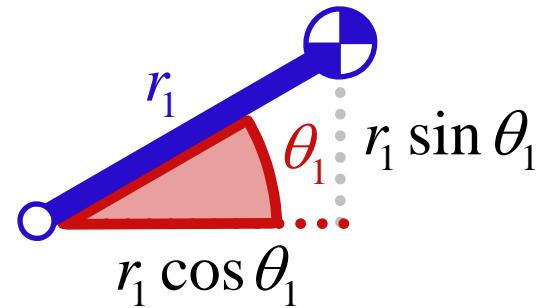
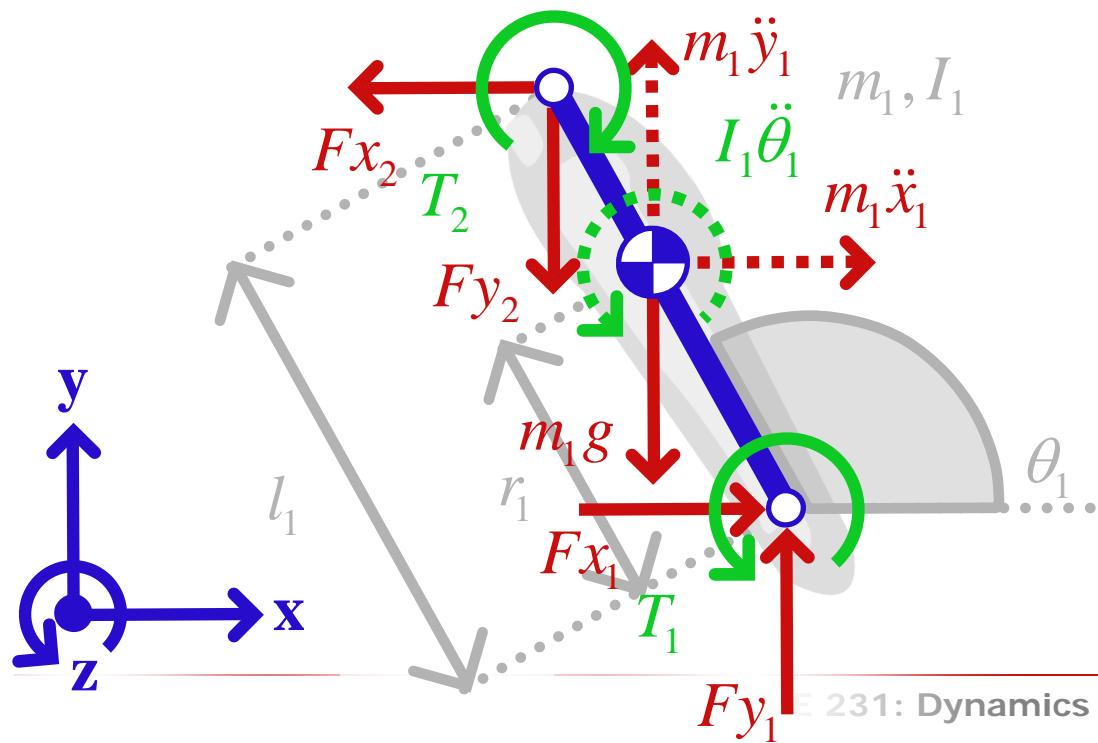
- Reaction forces & moments
- Distance forces & moments
- Inertia forces & moments



## Segment 1 (shank)

2. Form motion quantities (kinematics)

- Positions
- Velocities
- Accelerations



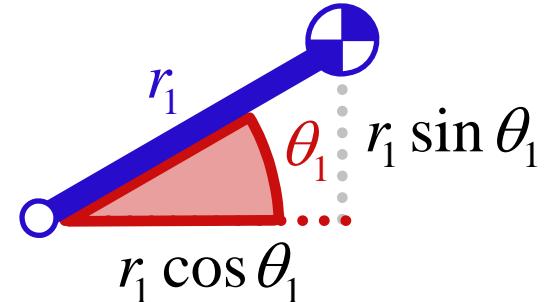
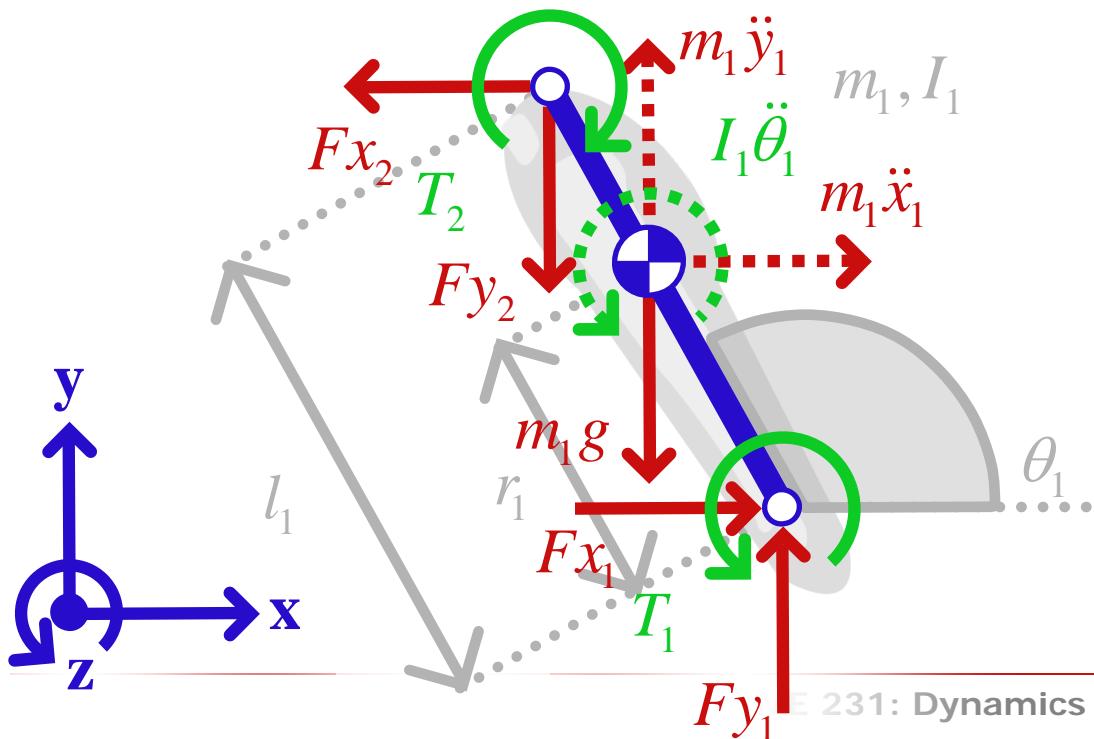
## Segment 1 (shank)

### 2. Form motion quantities (kinematics)

- Positions
- Velocities
- Accelerations

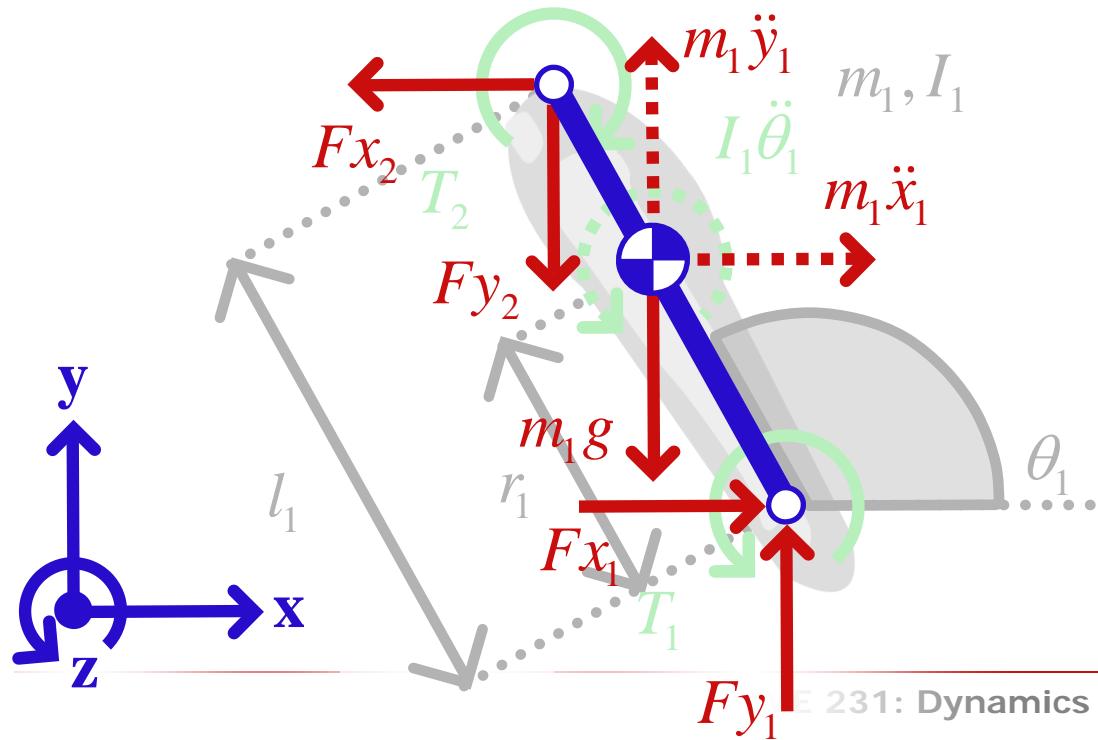
$$\begin{aligned}x_1 &= r_1 c \theta_1 \\ \dot{x}_1 &= -r_1 s \theta_1 \dot{\theta}_1 \\ \ddot{x}_1 &= -r_1 (s \theta_1 \ddot{\theta}_1 + c \theta_1 \dot{\theta}_1^2)\end{aligned}$$

$$\begin{aligned}y_1 &= r_1 s \theta_1 \\ \dot{y}_1 &= r_1 c \theta_1 \dot{\theta}_1 \\ \ddot{y}_1 &= r_1 (c \theta_1 \ddot{\theta}_1 - s \theta_1 \dot{\theta}_1^2)\end{aligned}$$



## Segment 1 (shank)

3. Apply Newton's 2<sup>nd</sup> Law (kinetics)  
 Forces



## Segment 1 (shank)

3. Apply Newton's 2<sup>nd</sup> Law (kinetics)

Forces

$$\Sigma F_x = m_1 \ddot{x}_1$$

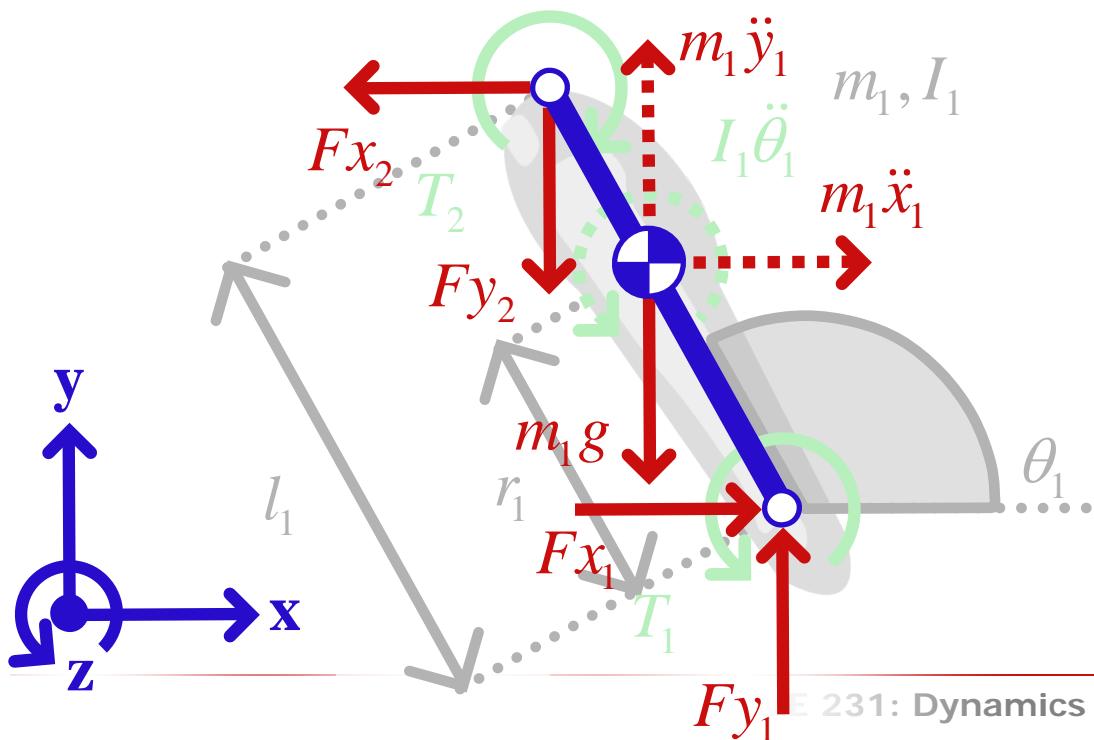
$$F_{x_1} - F_{x_2} = m_1 \ddot{x}_1$$

$$F_{x_1} - F_{x_2} = -m_1 r_1 (s \theta_1 \ddot{\theta}_1 + c \theta_1 \dot{\theta}_1^2) \quad 1$$

$$\Sigma F_y = m_1 \ddot{y}_1$$

$$F_{y_1} - F_{y_2} - m_1 g = m_1 \ddot{y}_1$$

$$F_{y_1} - F_{y_2} - m_1 g = m_1 r_1 (c \theta_1 \ddot{\theta}_1 - s \theta_1 \dot{\theta}_1^2) \quad 2$$



## Segment 1 (shank)

3. Apply Newton's 2<sup>nd</sup> Law (kinetics)

□ Forces

$$\Sigma F_x = m_1 \ddot{x}_1$$

$$F_{x_1} - F_{x_2} = m_1 \ddot{x}_1$$

$$F_{x_1} - F_{x_2} = -m_1 r_1 (s \theta_1 \ddot{\theta}_1 + c \theta_1 \dot{\theta}_1^2)$$

1

$$\Sigma F_y = m_1 \ddot{y}_1$$

$$F_{y_1} - F_{y_2} - m_1 g = m_1 \ddot{y}_1$$

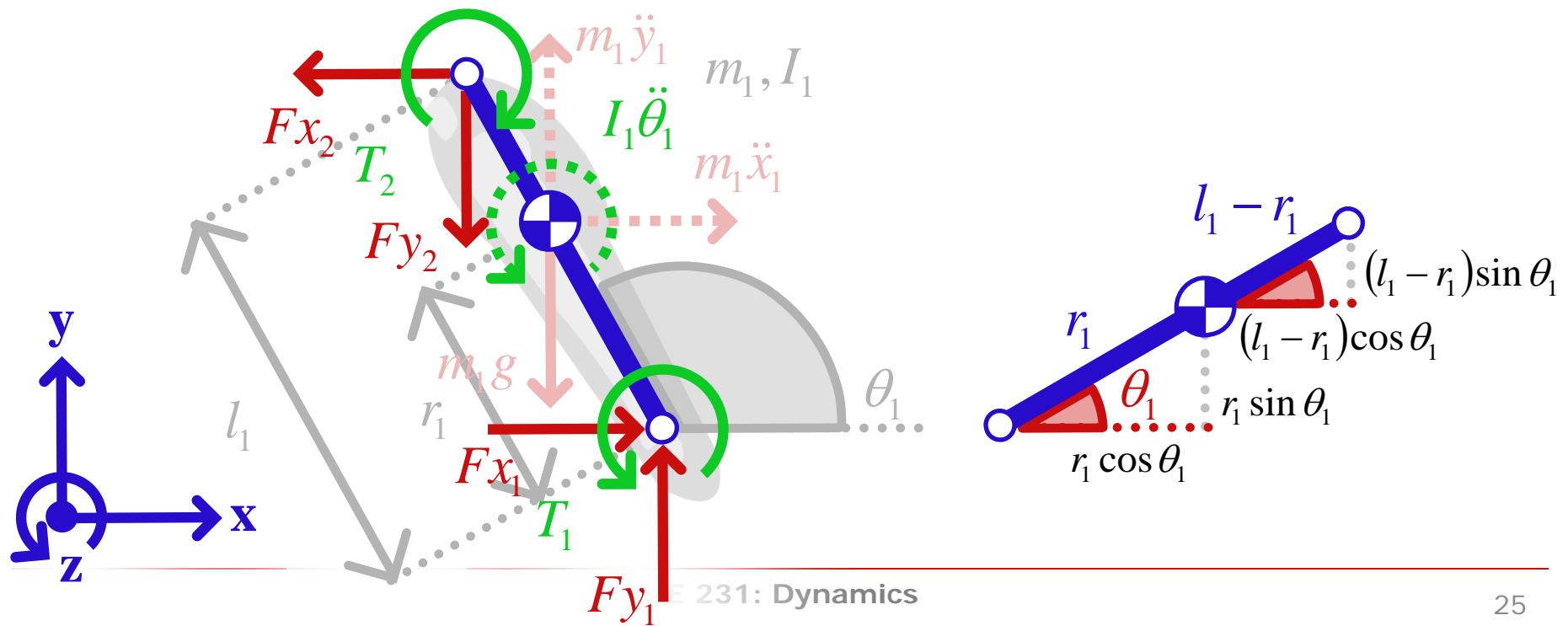
$$F_{y_1} - F_{y_2} - m_1 g = m_1 r_1 (c \theta_1 \ddot{\theta}_1 - s \theta_1 \dot{\theta}_1^2)$$

2

$$\begin{matrix} 1 \\ 2 \end{matrix} \begin{bmatrix} 1 & -1 & 0 & 0 \\ 0 & 0 & 1 & -1 \end{bmatrix} \begin{bmatrix} F_{x_1} \\ F_{x_2} \\ F_{y_1} \\ F_{y_2} \end{bmatrix} = \begin{bmatrix} -m_1 r_1 (s \theta_1 \ddot{\theta}_1 + c \theta_1 \dot{\theta}_1^2) \\ m_1 (r_1 (c \theta_1 \ddot{\theta}_1 - s \theta_1 \dot{\theta}_1^2) + g) \end{bmatrix}$$

## Segment 1 (shank)

3. Apply Newton's 2<sup>nd</sup> Law (kinetics)  
 Moments



## Segment 1 (shank)

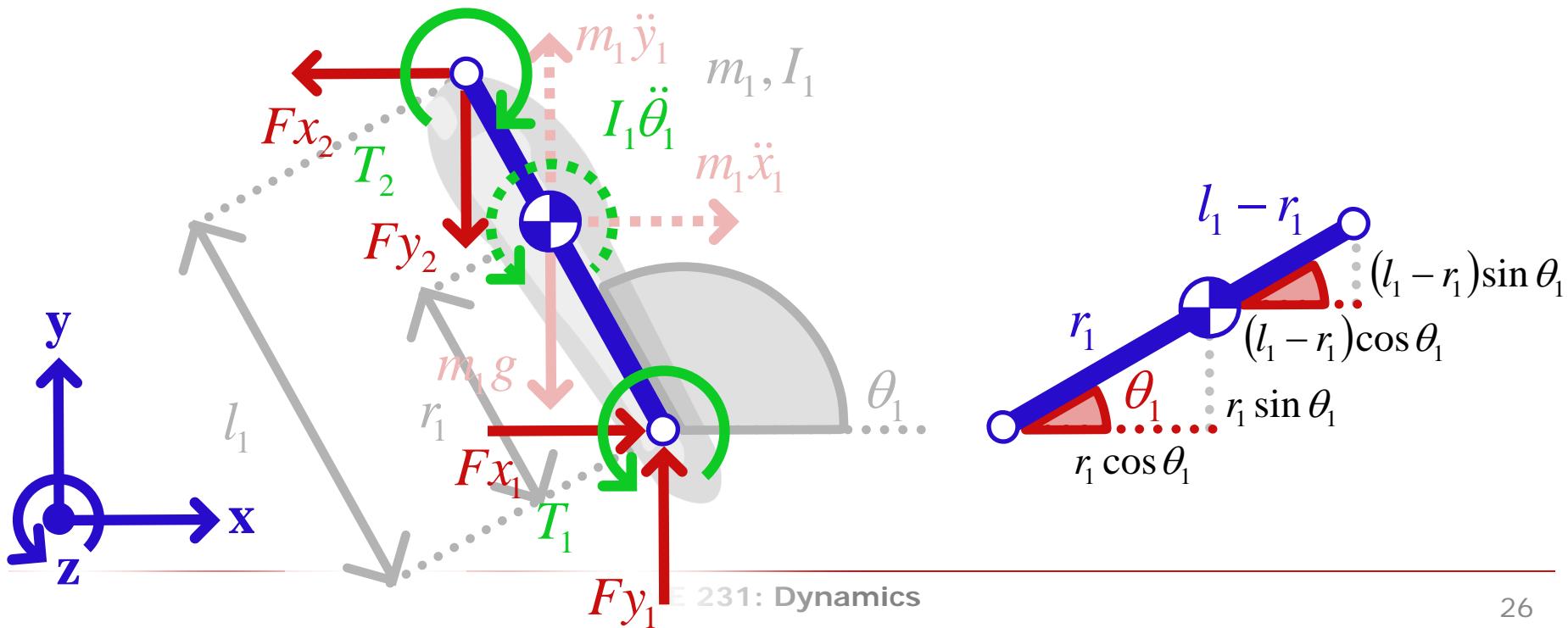
3. Apply Newton's 2<sup>nd</sup> Law (kinetics)

- Moments

$$\sum M = I_1 \ddot{\theta}_1$$

$$T_1 - T_2 + Fx_1 r_1 s\theta_1 - Fy_1 r_1 c\theta_1 + Fx_2(l_1 - r_1)s\theta_1 - Fy_2(l_1 - r_1)c\theta_1 = I_1 \ddot{\theta}_1$$

3



## Segment 1 (shank)

3. Apply Newton's 2<sup>nd</sup> Law (kinetics)

□ Moments

$$\Sigma M = I_1 \ddot{\theta}_1$$

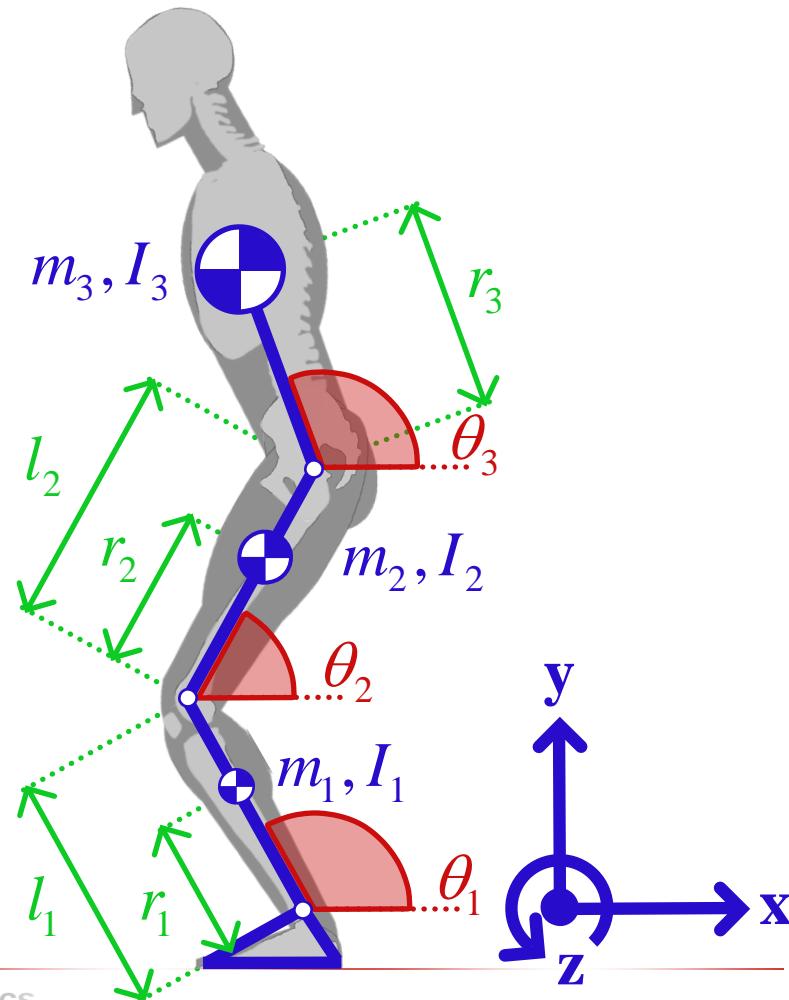
$$T_1 - T_2 + Fx_1 r_1 s\theta_1 - Fy_1 r_1 c\theta_1 + Fx_2(l_1 - r_1)s\theta_1 - Fy_2(l_1 - r_1)c\theta_1 = I_1 \ddot{\theta}_1$$

3

$$\begin{array}{l} 1 \\ 2 \\ 3 \end{array} \begin{bmatrix} 1 & -1 & 0 & 0 & 0 & 0 \\ 0 & 0 & 1 & -1 & 0 & 0 \\ 1 & -1 & r_1 s\theta_1 & -r_1 c\theta_1 & (l_1 - r_1)s\theta_1 & (l_1 - r_1)c\theta_1 \end{bmatrix} \begin{bmatrix} Fx_1 \\ Fx_2 \\ Fy_1 \\ Fy_2 \\ T_1 \\ T_2 \end{bmatrix} = \begin{bmatrix} -m_1 r_1 (s\theta_1 \ddot{\theta}_1 + c\theta_1 \dot{\theta}_1^2) \\ m_1 (r_1 (c\theta_1 \ddot{\theta}_1 - s\theta_1 \dot{\theta}_1^2) + g) \\ I_1 \ddot{\theta}_1 \end{bmatrix}$$

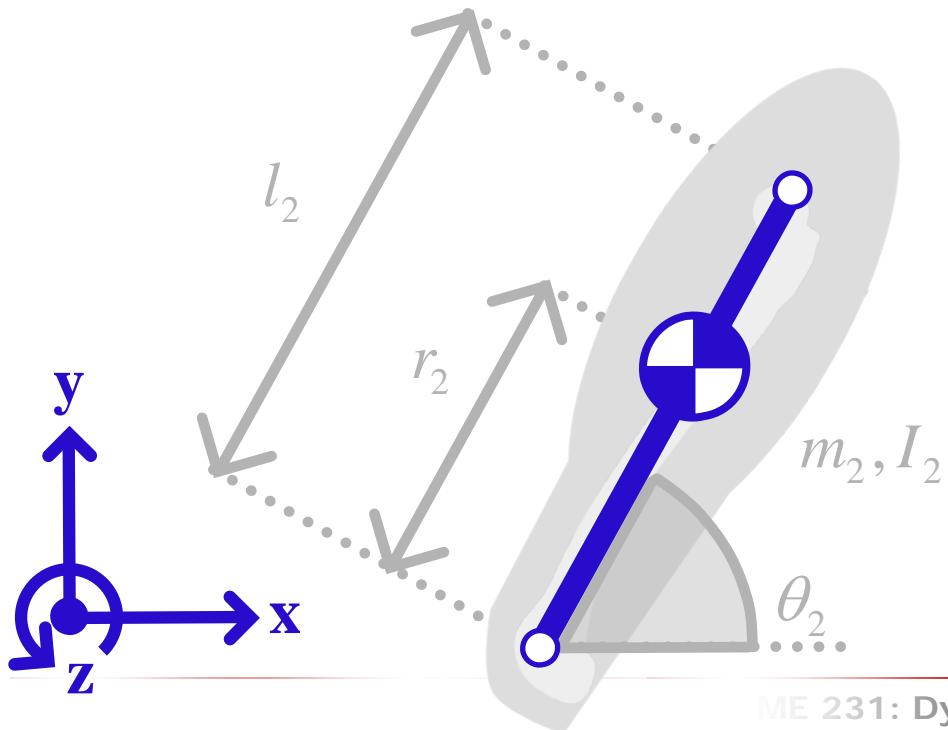
## Example Problem

- Planar 3 degrees of freedom
- Position (orientation) in global coordinate system
- Segment length =  $l_i$
- Distance to mass center =  $r_i$
- Moments of inertia about mass center
- Foot has no mass and remains on ground



## Segment 2 (thigh)

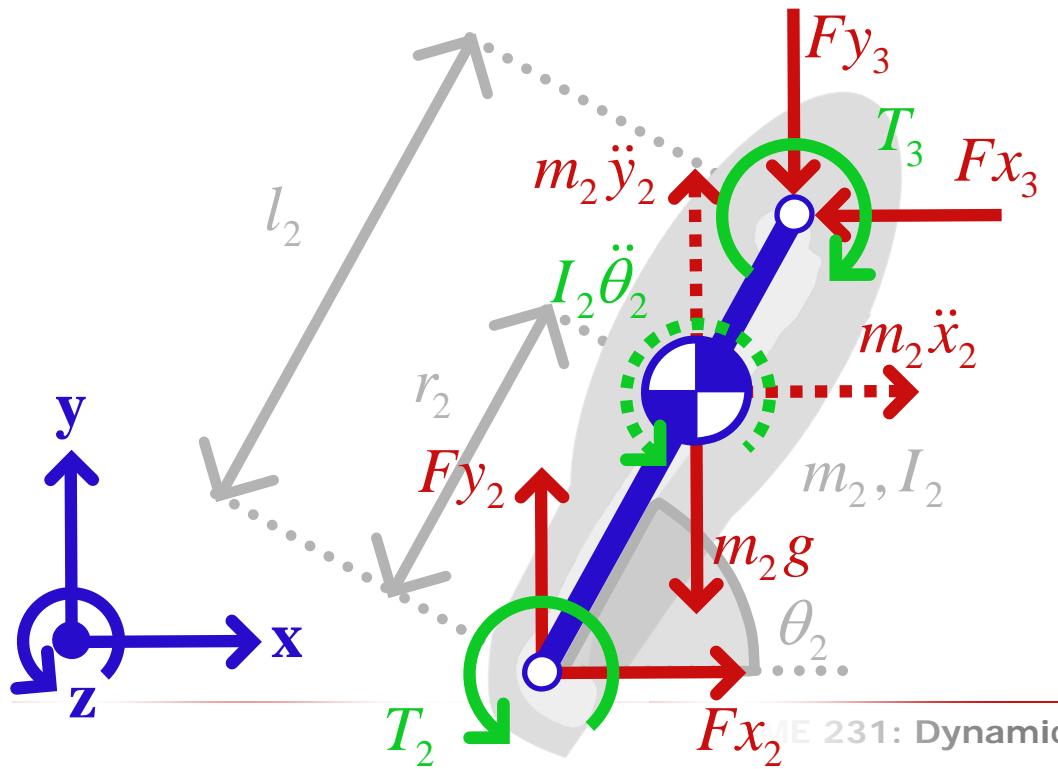
1. Create free body diagram
  - Reaction forces & moments
  - Distance forces & moments
  - Inertia forces & moments



## Segment 2 (thigh)

1. Create free body diagram

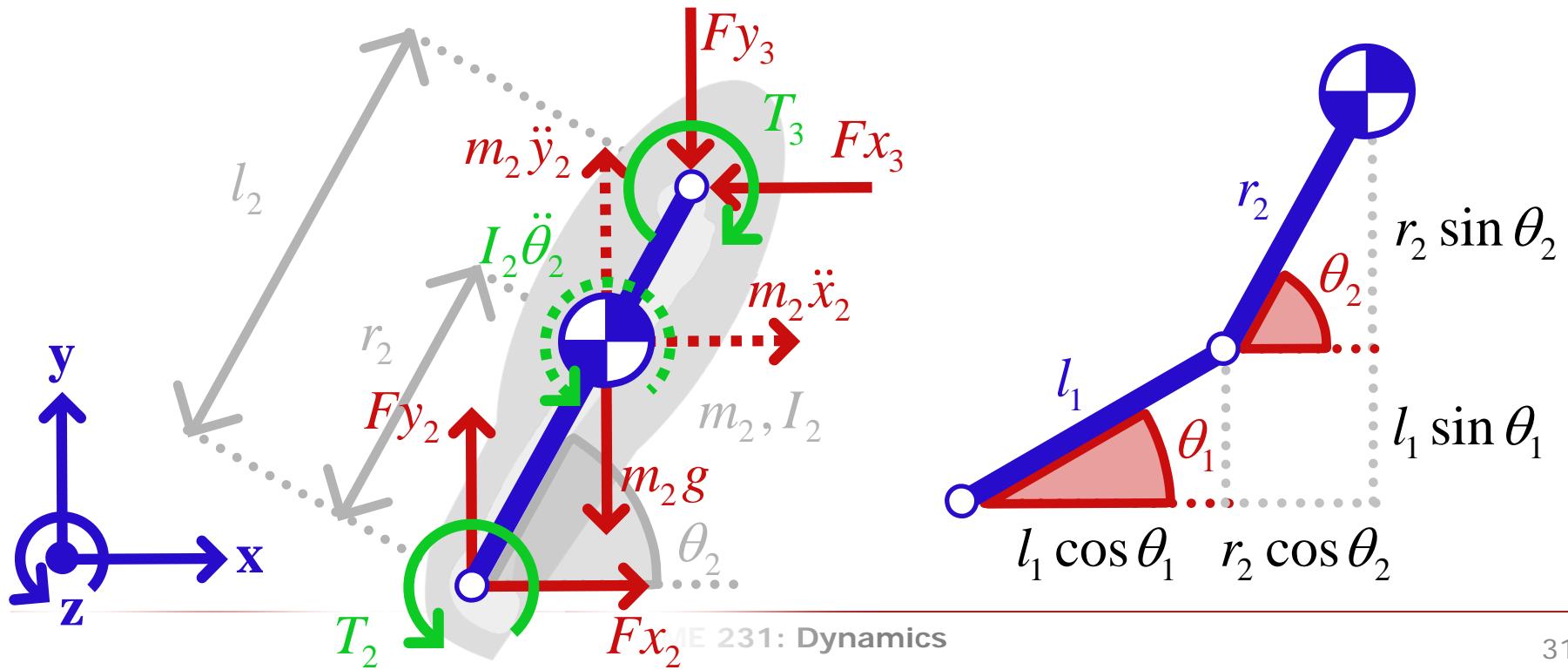
- Reaction forces & moments
- Distance forces & moments
- Inertia forces & moments



## Segment 2 (thigh)

2. Form motion quantities (kinematics)

- Positions
- Velocities
- Accelerations



## Segment 2 (thigh)

### 2. Form motion quantities (kinematics)

- Positions
- Velocities
- Accelerations

$$x_2 = l_1 c \theta_1 + r_2 c \theta_2$$

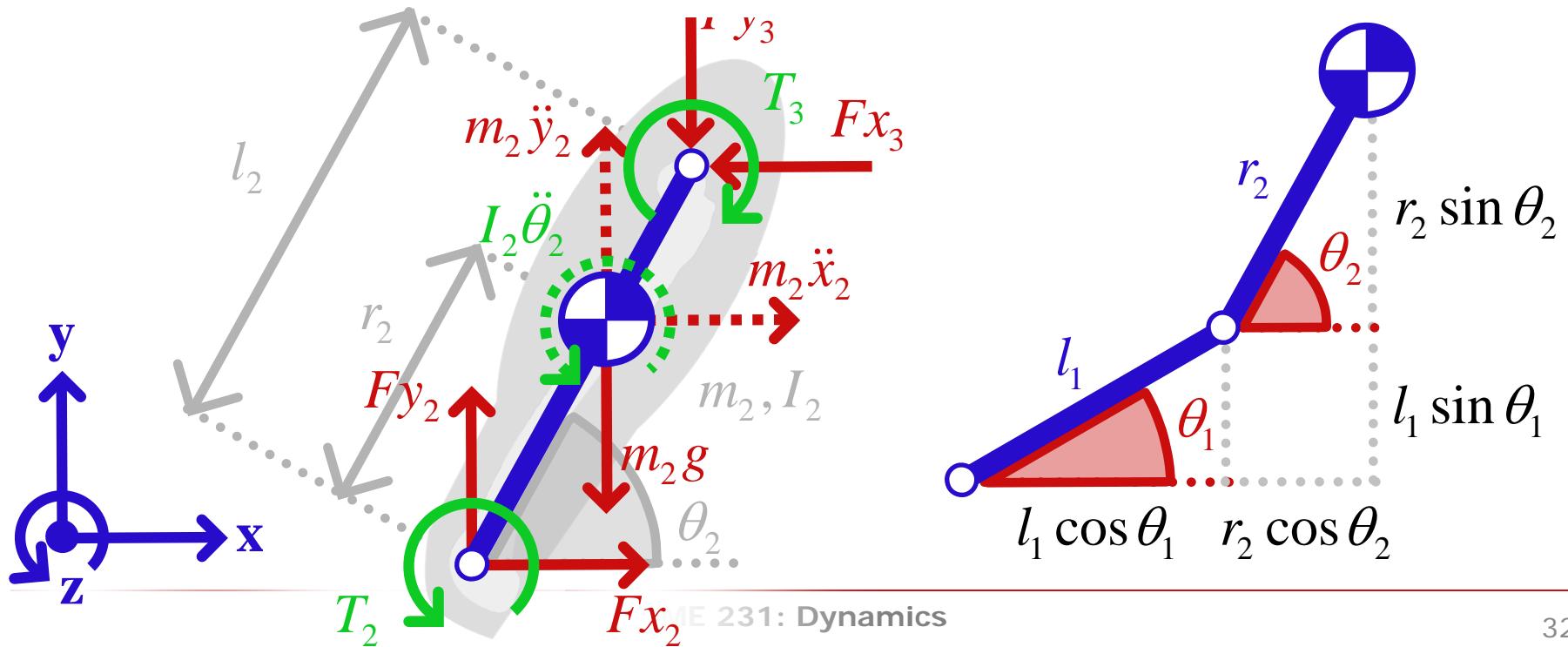
$$\dot{x}_2 = -l_1 s \theta_1 \dot{\theta}_1 - r_2 s \theta_2 \dot{\theta}_2$$

$$\ddot{x}_2 = -l_1 (s \theta_1 \ddot{\theta}_1 + c \theta_1 \dot{\theta}_1^2) - r_2 (s \theta_2 \ddot{\theta}_2 + c \theta_2 \dot{\theta}_2^2)$$

$$y_2 = l_1 s \theta_1 + r_2 s \theta_2$$

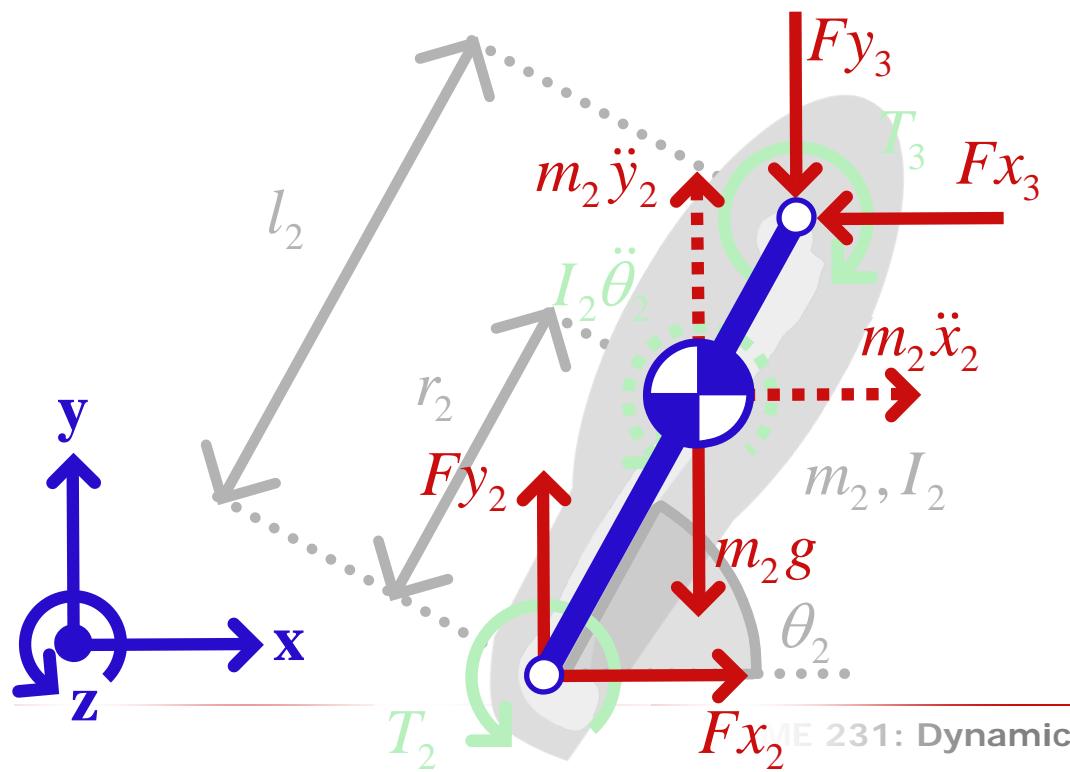
$$\dot{y}_2 = l_1 c \theta_1 \dot{\theta}_1 + r_2 c \theta_2 \dot{\theta}_2$$

$$\ddot{y}_2 = l_1 (c \theta_1 \ddot{\theta}_1 - s \theta_1 \dot{\theta}_1^2) + r_2 (c \theta_2 \ddot{\theta}_2 - s \theta_2 \dot{\theta}_2^2)$$



## Segment 2 (thigh)

3. Apply Newton's 2<sup>nd</sup> Law (kinetics)  
 Forces



## Segment 2 (thigh)

3. Apply Newton's 2<sup>nd</sup> Law (kinetics)

□ Forces

$$\Sigma F_x = m_2 \ddot{x}_2$$

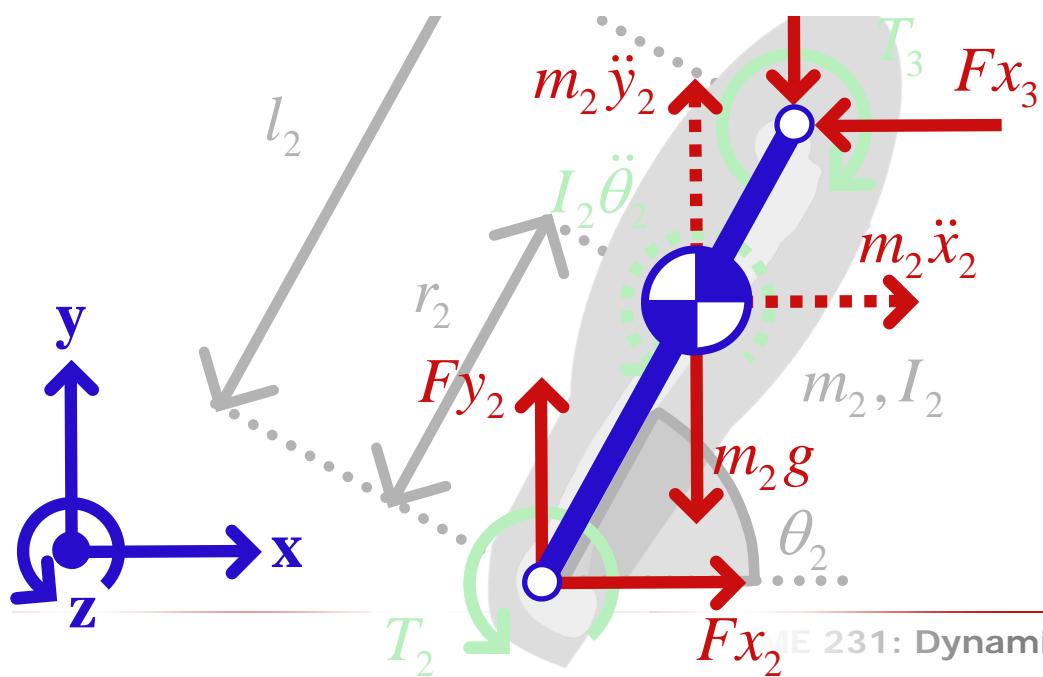
$$F_{x_2} - F_{x_3} = m_2 \ddot{x}_2$$

$$F_{x_2} - F_{x_3} = -m_2 \left( l_1 \left( s\theta_1 \ddot{\theta}_1 + c\theta_1 \dot{\theta}_1^2 \right) + r_2 \left( s\theta_2 \ddot{\theta}_2 + c\theta_2 \dot{\theta}_2^2 \right) \right) \quad 4$$

$$\Sigma F_y = m_2 \ddot{y}_2$$

$$F_{y_2} - F_{y_3} - m_2 g = m_2 \ddot{y}_2$$

$$\left( F_{y_2} - F_{y_3} - m_2 g \right) = m_2 \left( l_1 \left( c\theta_1 \ddot{\theta}_1 - s\theta_1 \dot{\theta}_1^2 \right) + r_2 \left( c\theta_2 \ddot{\theta}_2 - s\theta_2 \dot{\theta}_2^2 \right) \right) \quad 5$$



5

## Segment 2 (thigh)

3. Apply Newton's 2<sup>nd</sup> Law (kinetics)

□ Forces

$$\Sigma Fx = m_2 \ddot{x}_2$$

$$Fx_2 - Fx_3 = m_2 \ddot{x}_2$$

$$Fx_2 - Fx_3 = -m_2 \left( l_1(s\theta_1\ddot{\theta}_1 + c\theta_1\dot{\theta}_1^2) + r_2(s\theta_2\ddot{\theta}_2 + c\theta_2\dot{\theta}_2^2) \right)$$

4

$$\Sigma Fy = m_2 \ddot{y}_2$$

$$Fy_2 - Fy_3 - m_2 g = m_2 \ddot{y}_2$$

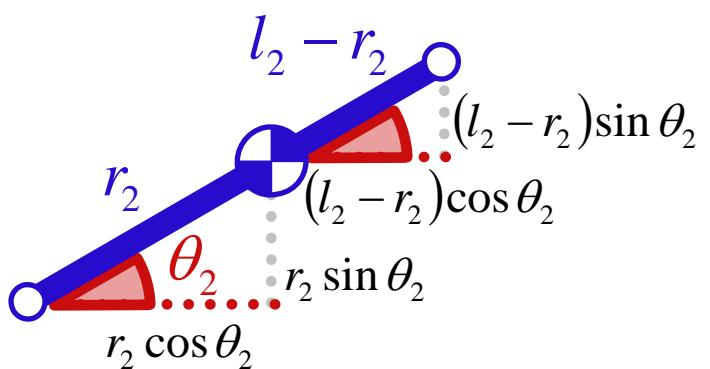
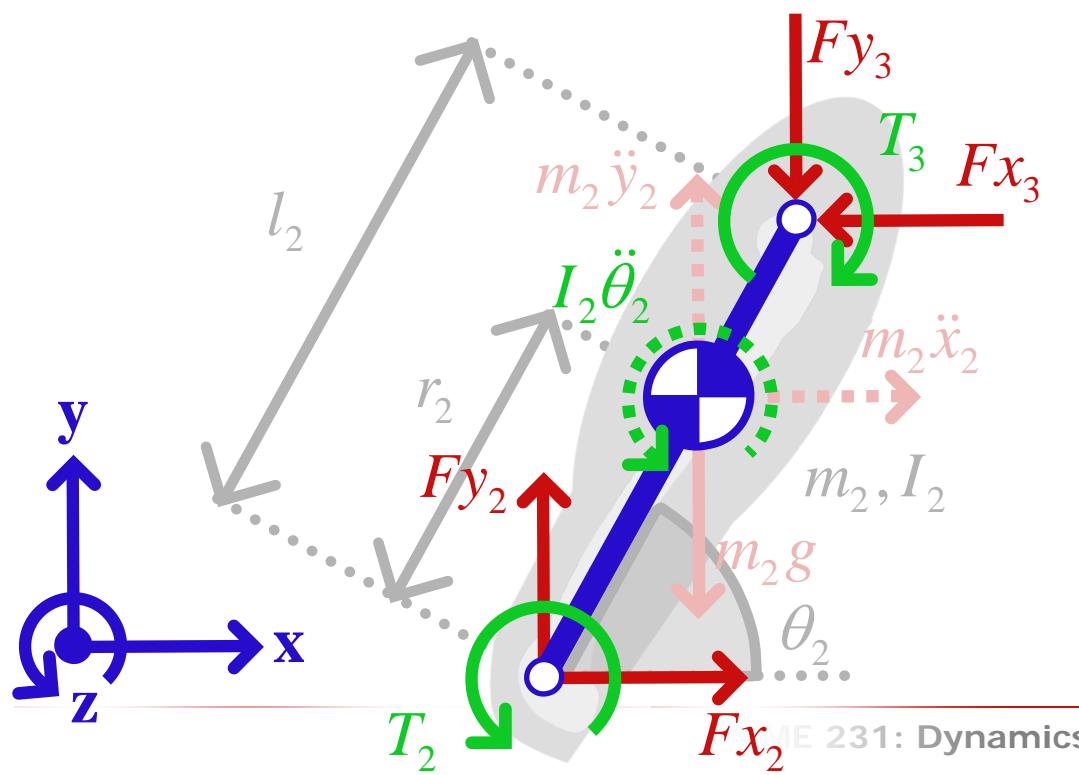
$$\begin{pmatrix} Fy_2 - Fy_3 \\ -m_2 g \end{pmatrix} = m_2 \left( l_1(c\theta_1\ddot{\theta}_1 - s\theta_1\dot{\theta}_1^2) + r_2(c\theta_2\ddot{\theta}_2 - s\theta_2\dot{\theta}_2^2) \right)$$

5

$$\begin{matrix} 1 & 1 & 0 & 0 & 0 & 0 & 0 & 0 \\ 2 & 0 & 0 & 1 & -1 & 0 & 0 & 0 \\ 3 & 1 & -1 & r_1 s\theta_1 & -r_1 c\theta_1 & (l_1 - r_1)s\theta_1 & (l_1 - r_1)c\theta_1 & 0 & 0 \\ 4 & 0 & 1 & 0 & 0 & 0 & 0 & -1 & 0 \\ 5 & 0 & 0 & 0 & 1 & 0 & 0 & 0 & -1 \end{matrix} \begin{bmatrix} Fx_1 \\ Fx_2 \\ Fy_1 \\ Fy_2 \\ T_1 \\ T_2 \\ Fx_3 \\ Fy_3 \end{bmatrix} = \begin{bmatrix} -m_1 r_1 (s\theta_1 \ddot{\theta}_1 + c\theta_1 \dot{\theta}_1^2) \\ m_1 (r_1 (c\theta_1 \ddot{\theta}_1 - s\theta_1 \dot{\theta}_1^2) + g) \\ I_1 \ddot{\theta}_1 \\ -m_2 (l_1 (s\theta_1 \ddot{\theta}_1 + c\theta_1 \dot{\theta}_1^2) + r_2 (s\theta_2 \ddot{\theta}_2 + c\theta_2 \dot{\theta}_2^2)) \\ m_2 (l_1 (c\theta_1 \ddot{\theta}_1 - s\theta_1 \dot{\theta}_1^2) + r_2 (c\theta_2 \ddot{\theta}_2 - s\theta_2 \dot{\theta}_2^2) + g) \end{bmatrix}$$

## Segment 2 (thigh)

3. Apply Newton's 2<sup>nd</sup> Law (kinetics)  
 Moments



## Segment 2 (thigh)

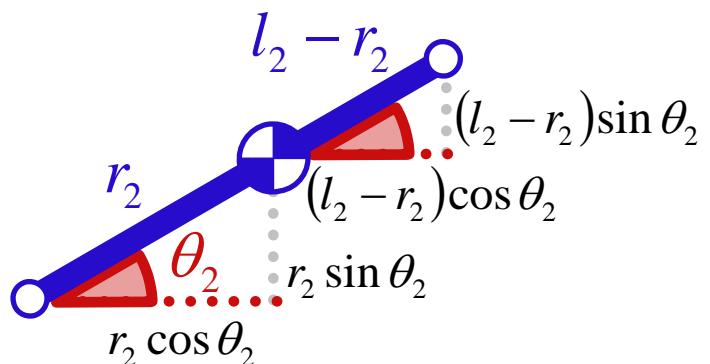
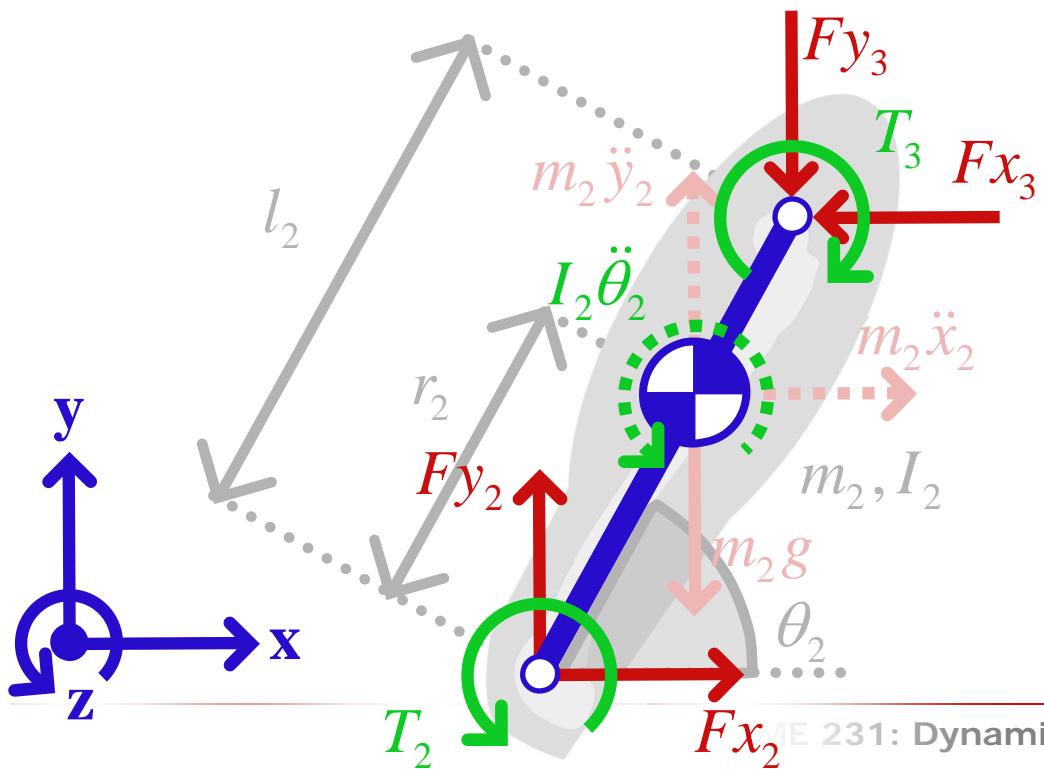
3. Apply Newton's 2<sup>nd</sup> Law (kinetics)

Moments

$$\sum M = I_2 \ddot{\theta}_2$$

$$T_2 - T_3 + Fx_2 r_2 s\theta_2 - Fy_2 r_2 c\theta_2 + Fx_3(l_2 - r_2)s\theta_2 - Fy_3(l_2 - r_2)c\theta_2 = I_2 \ddot{\theta}_2$$

6



## Segment 2 (thigh)

3. Apply Newton's 2<sup>nd</sup> Law (kinetics)

□ Moments

$$\Sigma M = I_2 \ddot{\theta}_2$$

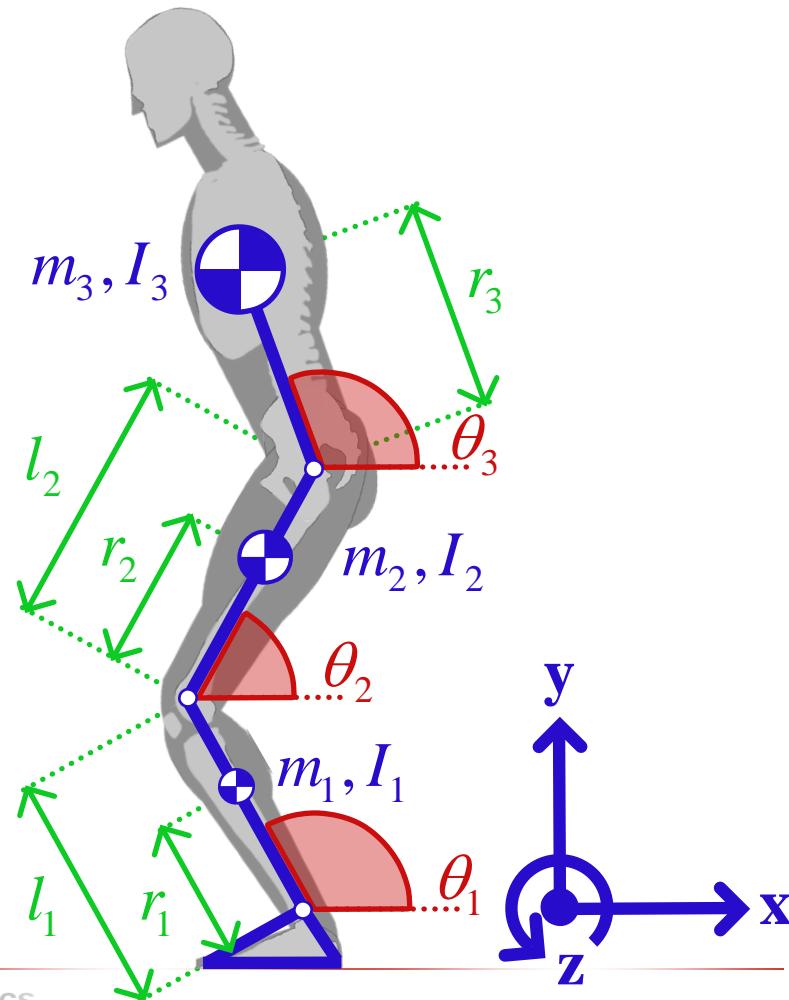
$$T_2 - T_3 + Fx_2 r_2 s\theta_2 - Fy_2 r_2 c\theta_2 + Fx_3(l_2 - r_2)s\theta_2 - Fy_3(l_2 - r_2)c\theta_2 = I_2 \ddot{\theta}_2$$

6

$$\begin{array}{|c|} \hline 1 \\ \hline 2 \\ \hline 3 \\ \hline 4 \\ \hline 5 \\ \hline 6 \\ \hline \end{array}
 \begin{bmatrix}
 1 & -1 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\
 0 & 0 & 1 & -1 & 0 & 0 & 0 & 0 & 0 \\
 1 & -1 & r_1 s\theta_1 & -r_1 c\theta_1 & (l_1 - r_1)s\theta_1 & (l_1 - r_1)c\theta_1 & 0 & 0 & 0 \\
 0 & 1 & 0 & 0 & 0 & 0 & -1 & 0 & 0 \\
 0 & 0 & 0 & 1 & 0 & 0 & 0 & -1 & 0 \\
 0 & r_2 s\theta_2 & 0 & -r_2 c\theta_2 & 0 & 1 & (l_2 - r_2)s\theta_2 & -(l_2 - r_2)c\theta_2 & -1
 \end{bmatrix}
 =
 \begin{bmatrix}
 Fx_1 \\
 Fx_2 \\
 Fy_1 \\
 Fy_2 \\
 T_1 \\
 T_2 \\
 Fx_3 \\
 Fy_3 \\
 T_3
 \end{bmatrix}
 =
 \begin{bmatrix}
 m_1 r_1 (s\theta_1 \ddot{\theta}_1 + c\theta_1 \dot{\theta}_1^2) \\
 m_1 (r_1 (c\theta_1 \ddot{\theta}_1 - s\theta_1 \dot{\theta}_1^2) + g) \\
 I_1 \ddot{\theta}_1 \\
 -m_2 (l_1 (s\theta_1 \ddot{\theta}_1 + c\theta_1 \dot{\theta}_1^2) + r_2 (s\theta_2 \ddot{\theta}_2 + c\theta_2 \dot{\theta}_2^2)) \\
 m_2 (l_1 (c\theta_1 \ddot{\theta}_1 - s\theta_1 \dot{\theta}_1^2) + r_2 (c\theta_2 \ddot{\theta}_2 - s\theta_2 \dot{\theta}_2^2) + g) \\
 I_2 \ddot{\theta}_2
 \end{bmatrix}$$

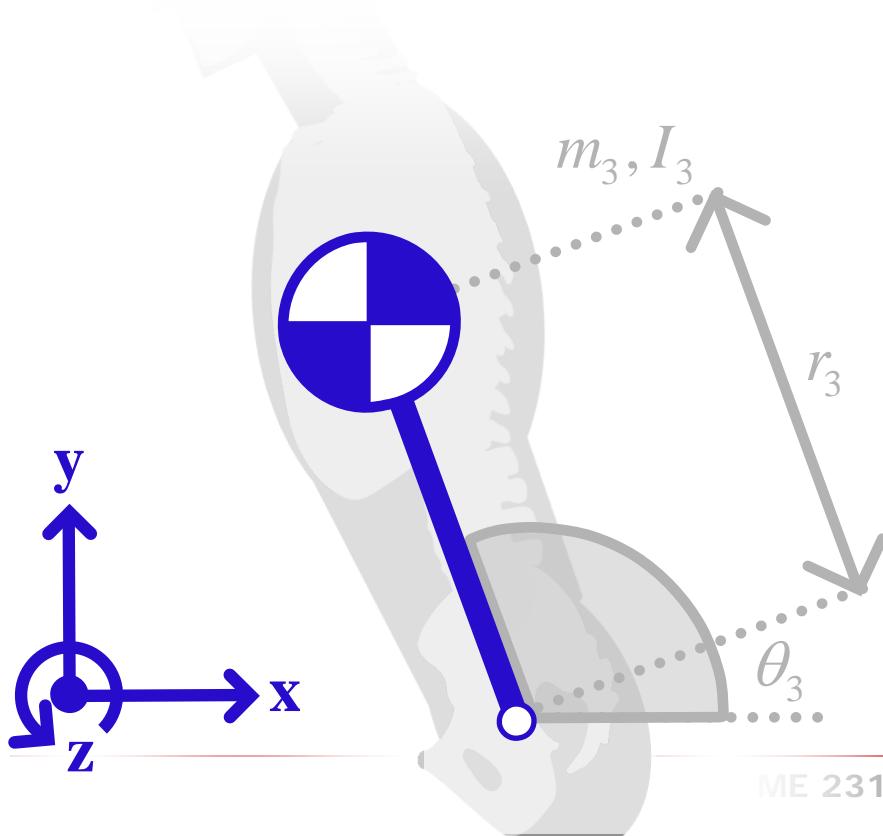
## Example Problem

- Planar 3 degrees of freedom
- Position (orientation) in global coordinate system
- Segment length =  $l_i$
- Distance to mass center =  $r_i$
- Moments of inertia about mass center
- Foot has no mass and remains on ground



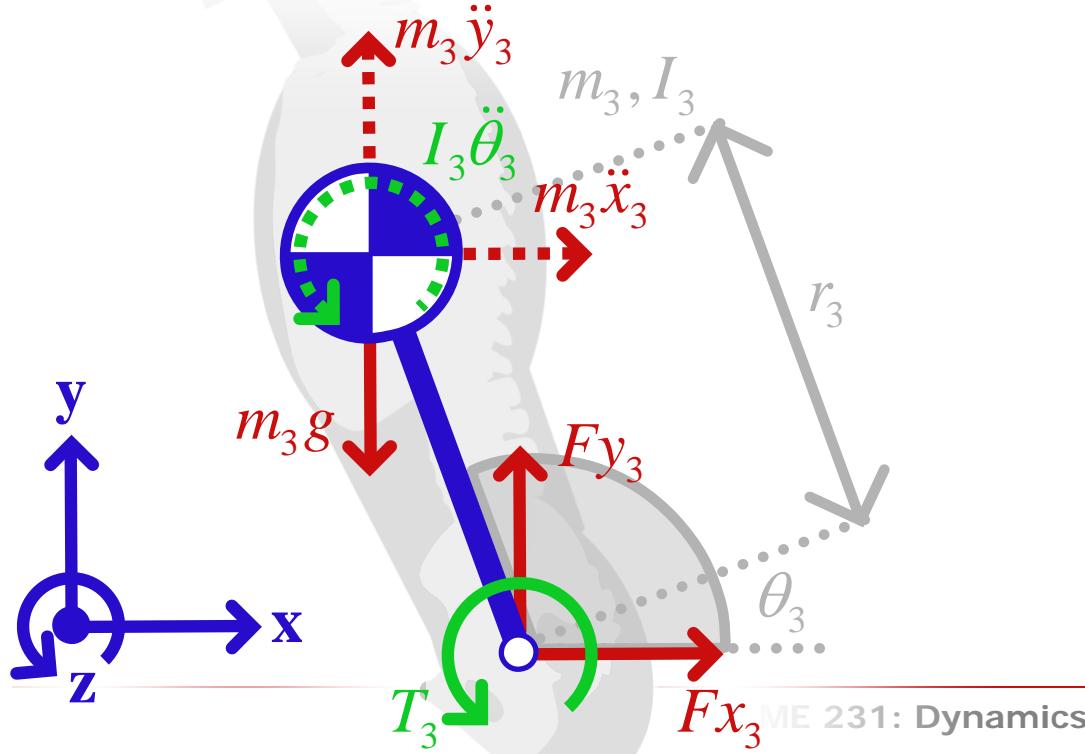
## Segment 3 (head, arms, & trunk)

1. Create free body diagram
  - Reaction forces & moments
  - Distance forces & moments
  - Inertia forces & moments



## Segment 3 (head, arms, & trunk)

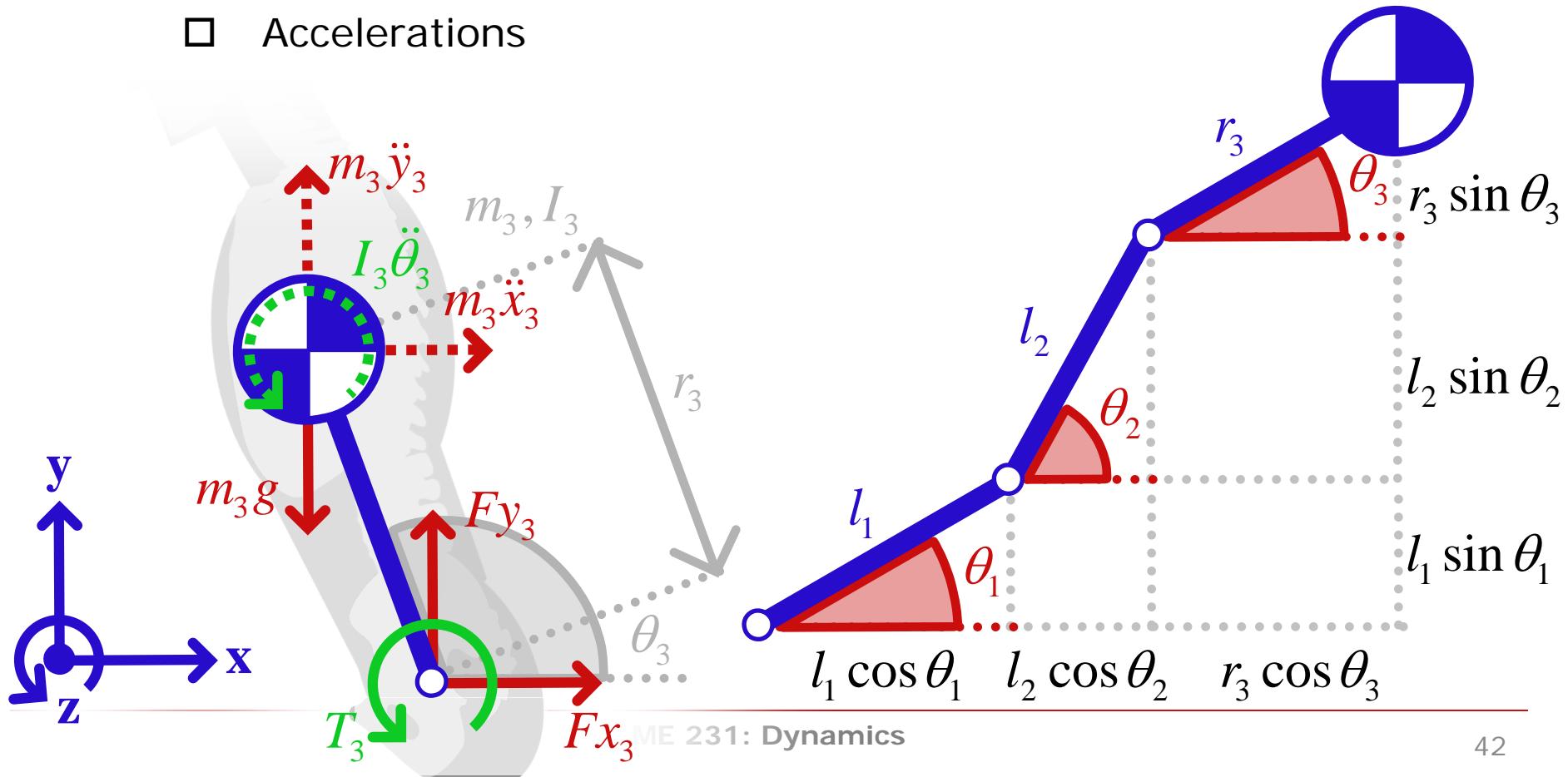
1. Create free body diagram
  - Reaction forces & moments
  - Distance forces & moments
  - Inertia forces & moments



## Segment 3 (head, arms, & trunk)

2. Form motion quantities (kinematics)

- Positions
- Velocities
- Accelerations

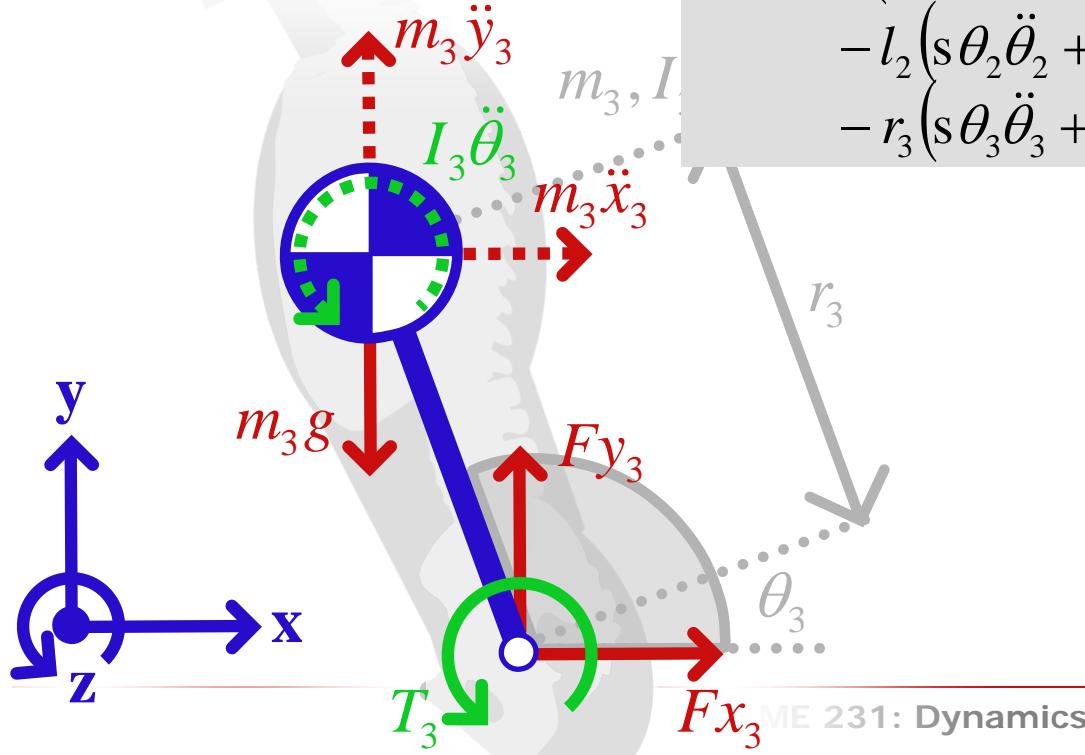


## Segment 3 (head, arms, & trunk)

### 2. Form motion quantities (kinematics)

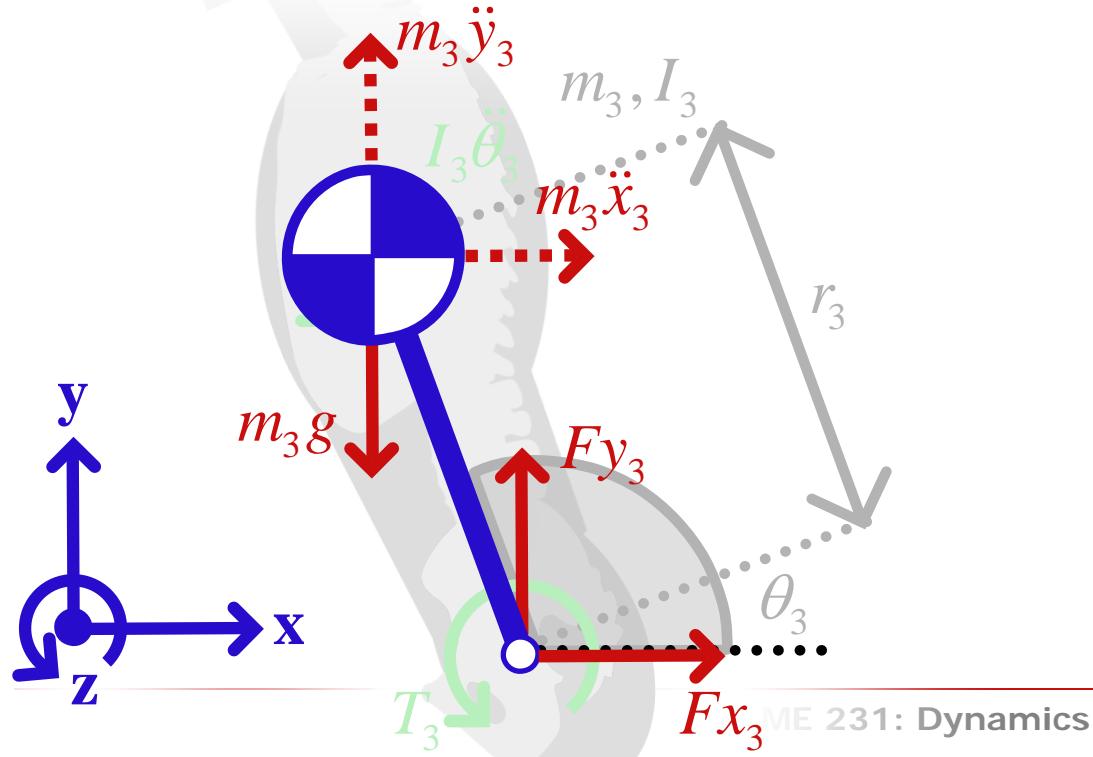
- Positions
- Velocities
- Accelerations

$$\begin{aligned}x_3 &= l_1 c \theta_1 + l_2 c \theta_2 + r_3 c \theta_3 & y_3 &= l_1 s \theta_1 + l_2 s \theta_2 + r_3 s \theta_3 \\ \dot{x}_3 &= -l_1 s \theta_1 \dot{\theta}_1 - l_2 s \theta_2 \dot{\theta}_2 & \dot{y}_3 &= l_1 c \theta_1 \dot{\theta}_1 + l_2 c \theta_2 \dot{\theta}_2 \\ &\quad - r_3 s \theta_3 \dot{\theta}_3 & &\quad + r_3 c \theta_3 \dot{\theta}_3 \\ \ddot{x}_3 &= -l_1 (s \theta_1 \ddot{\theta}_1 + c \theta_1 \dot{\theta}_1^2) & \ddot{y}_3 &= l_1 (c \theta_1 \ddot{\theta}_1 - s \theta_1 \dot{\theta}_1^2) \\ &\quad - l_2 (s \theta_2 \ddot{\theta}_2 + c \theta_2 \dot{\theta}_2^2) & &\quad + l_2 (c \theta_2 \ddot{\theta}_2 - s \theta_2 \dot{\theta}_2^2) \\ &\quad - r_3 (s \theta_3 \ddot{\theta}_3 + c \theta_3 \dot{\theta}_3^2) & &\quad + r_3 (c \theta_3 \ddot{\theta}_3 - s \theta_3 \dot{\theta}_3^2)\end{aligned}$$



## Segment 3 (head, arms, & trunk)

3. Apply Newton's 2<sup>nd</sup> Law (kinetics)
  - Forces



## Segment 3 (head, arms, & trunk)

3. Apply Newton's 2<sup>nd</sup> Law (kinetics)

□ Forces

$$\Sigma Fx = m_3 \ddot{x}_3$$

$$Fx_3 = m_3 \ddot{x}_3$$

$$Fx_3 = -m_3 \left( l_1(s\theta_1\ddot{\theta}_1 + c\theta_1\dot{\theta}_1^2) + l_2(s\theta_2\ddot{\theta}_2 + c\theta_2\dot{\theta}_2^2) + r_3(s\theta_3\ddot{\theta}_3 + c\theta_3\dot{\theta}_3^2) \right)$$

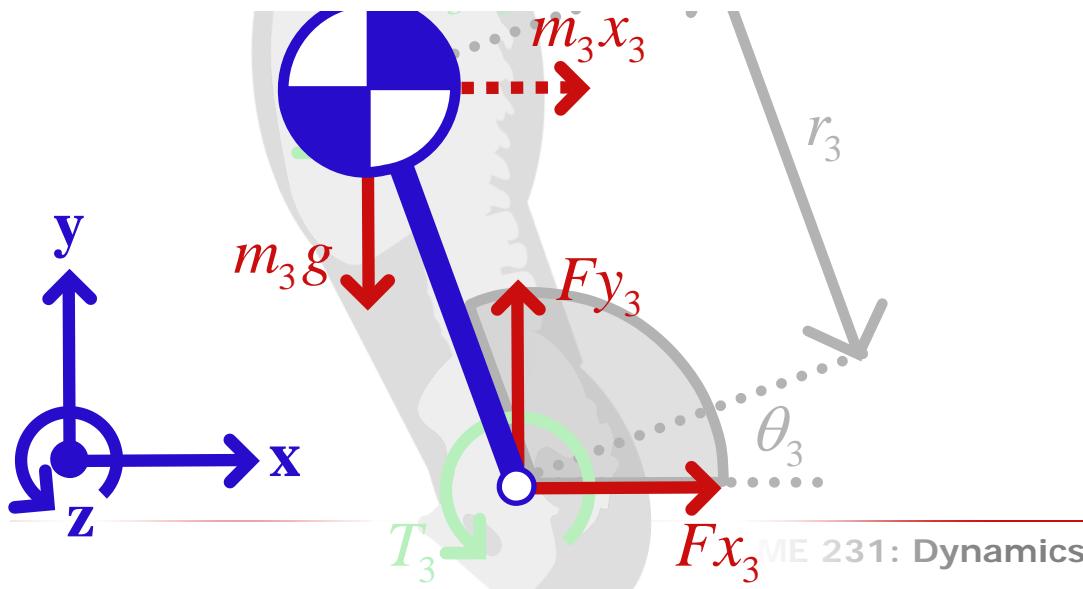
7

$$\Sigma Fy = m_3 \ddot{y}_3$$

$$Fy_3 - m_3 g = m_3 \ddot{y}_3$$

$$Fy_3 - m_3 g = m_3 \left( l_1(c\theta_1\ddot{\theta}_1 - s\theta_1\dot{\theta}_1^2) + l_2(c\theta_2\ddot{\theta}_2 - s\theta_2\dot{\theta}_2^2) + r_3(c\theta_3\ddot{\theta}_3 - s\theta_3\dot{\theta}_3^2) \right)$$

8



## Segment 3 (head, arms, & trunk)

3. Apply Newton's 2<sup>nd</sup> Law (kinetics)

□ Forces

$$\Sigma Fx = m_3 \ddot{x}_3$$

$$Fx_3 = m_3 \ddot{x}_3$$

$$Fx_3 = -m_3 \left( l_1(s\theta_1\ddot{\theta}_1 + c\theta_1\dot{\theta}_1^2) + l_2(s\theta_2\ddot{\theta}_2 + c\theta_2\dot{\theta}_2^2) + r_3(s\theta_3\ddot{\theta}_3 + c\theta_3\dot{\theta}_3^2) \right)$$

7

$$\Sigma Fy = m_3 \ddot{y}_3$$

$$Fy_3 - m_3 g = m_3 \ddot{y}_3$$

$$Fy_3 - m_3 g = m_3 \left( l_1(c\theta_1\ddot{\theta}_1 - s\theta_1\dot{\theta}_1^2) + l_2(c\theta_2\ddot{\theta}_2 - s\theta_2\dot{\theta}_2^2) + r_3(c\theta_3\ddot{\theta}_3 - s\theta_3\dot{\theta}_3^2) \right)$$

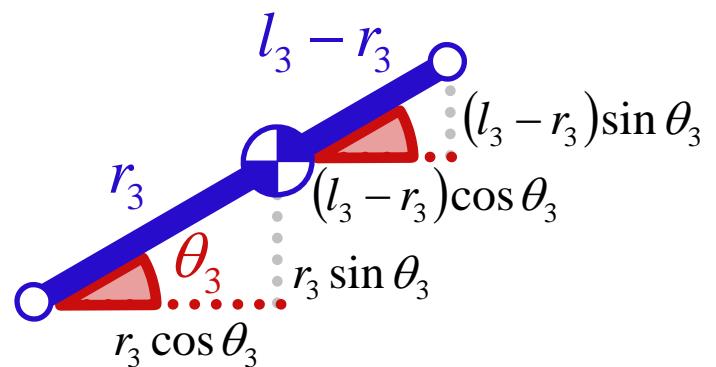
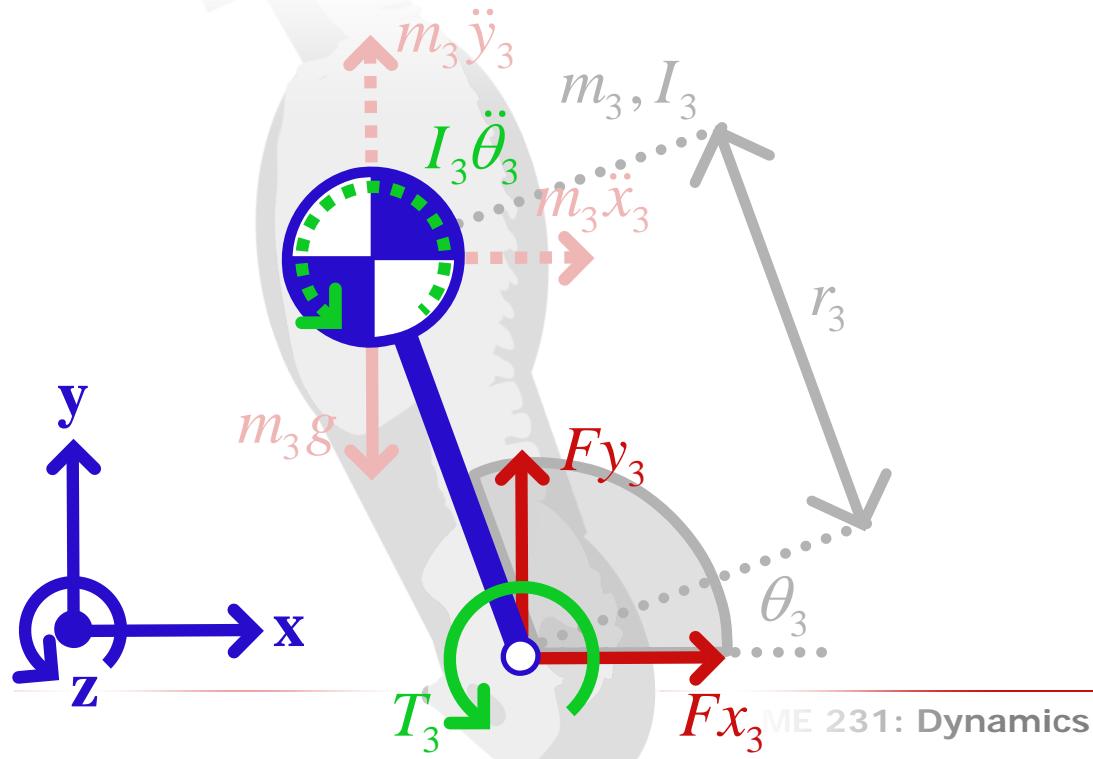
8

$$\begin{array}{c} 1 \\ 2 \\ 3 \\ 4 \\ 5 \\ 6 \\ 7 \\ 8 \end{array} \begin{bmatrix} 1 & -1 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 1 & -1 & 0 & 0 & 0 & 0 \\ 1 & -1 & r_1 s\theta_1 & -r_1 c\theta_1 & (l_1 - r_1)s\theta_1 & (l_1 - r_1)c\theta_1 & 0 & 0 \\ 0 & 1 & 0 & 0 & 0 & 0 & -1 & 0 \\ 0 & 0 & 0 & 1 & 0 & 0 & 0 & -1 \\ 0 & r_2 s\theta_2 & 0 & -r_2 c\theta_2 & 0 & 1 & (l_2 - r_2)s\theta_2 & -(l_2 - r_2)c\theta_2 \\ 0 & 0 & 0 & 0 & 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 & 1 \end{bmatrix}$$

$$\begin{bmatrix} Fx_1 \\ Fx_2 \\ Fy_1 \\ Fy_2 \\ T_1 \\ T_2 \\ Fx_3 \\ Fy_3 \\ T_3 \end{bmatrix} = \begin{bmatrix} 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ -1 \\ 0 \\ 0 \end{bmatrix} = \begin{bmatrix} -m_1 r_1 (s\theta_1\ddot{\theta}_1 + c\theta_1\dot{\theta}_1^2) \\ m_1 (r_1 (c\theta_1\ddot{\theta}_1 - s\theta_1\dot{\theta}_1^2) + g) \\ I_1 \ddot{\theta}_1 \\ -m_2 (l_1 (s\theta_1\ddot{\theta}_1 + c\theta_1\dot{\theta}_1^2) + r_2 (s\theta_2\ddot{\theta}_2 + c\theta_2\dot{\theta}_2^2)) \\ m_2 (l_1 (c\theta_1\ddot{\theta}_1 - s\theta_1\dot{\theta}_1^2) + r_2 (c\theta_2\ddot{\theta}_2 - s\theta_2\dot{\theta}_2^2) + g) \\ I_2 \ddot{\theta}_2 \\ -m_3 (l_1 (s\theta_1\ddot{\theta}_1 + c\theta_1\dot{\theta}_1^2) + l_2 (s\theta_2\ddot{\theta}_2 + c\theta_2\dot{\theta}_2^2) + r_3 (s\theta_3\ddot{\theta}_3 + c\theta_3\dot{\theta}_3^2)) \\ m_3 (l_1 (c\theta_1\ddot{\theta}_1 - s\theta_1\dot{\theta}_1^2) + l_2 (c\theta_2\ddot{\theta}_2 - s\theta_2\dot{\theta}_2^2) + r_3 (c\theta_3\ddot{\theta}_3 - s\theta_3\dot{\theta}_3^2) + g) \end{bmatrix}$$

## Segment 3 (head, arms, & trunk)

3. Apply Newton's 2<sup>nd</sup> Law (kinetics)
  - Moments



## Segment 3 (head, arms, & trunk)

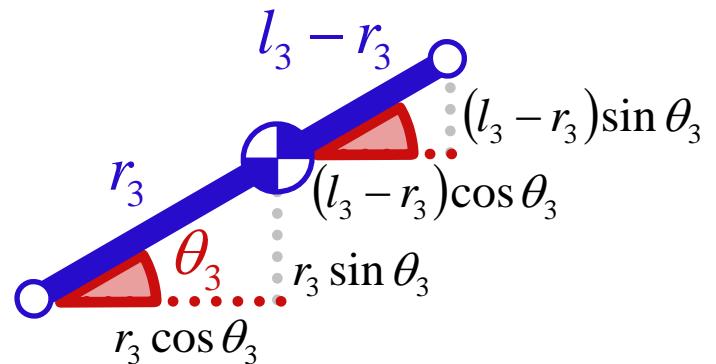
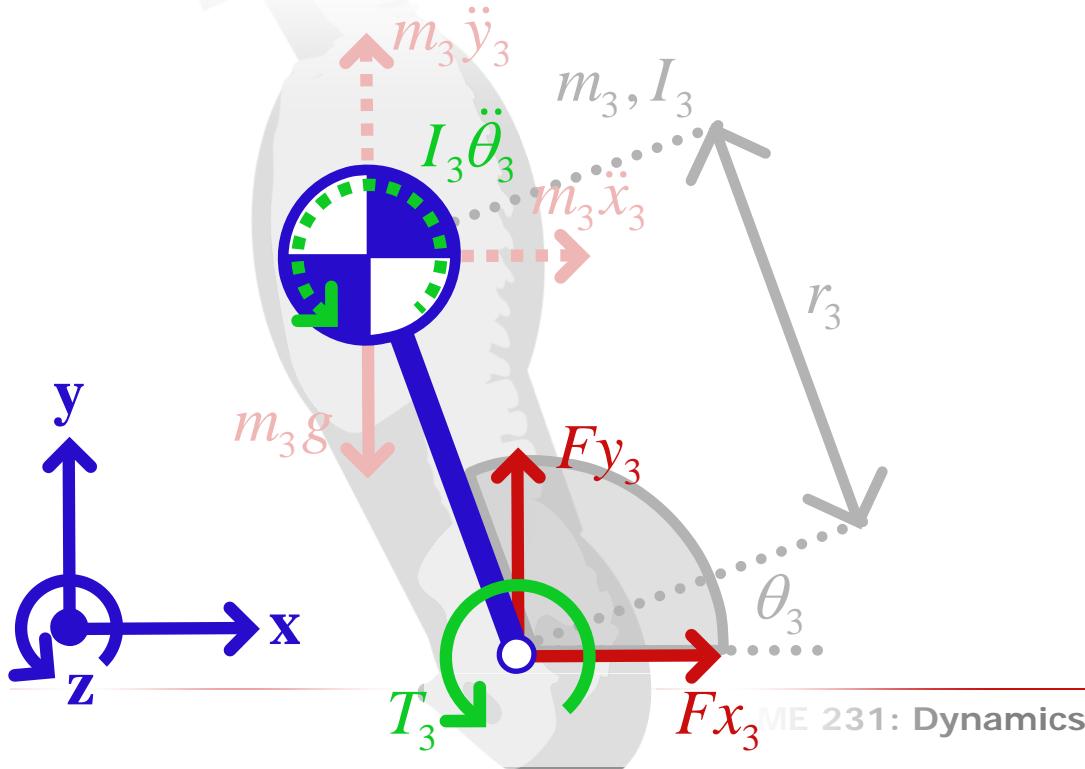
3. Apply Newton's 2<sup>nd</sup> Law (kinetics)

- Moments

$$\sum M = I_3 \ddot{\theta}_3$$

$$T_3 + Fx_3 r_3 s\theta_3 - Fy_3 r_3 c\theta_3 = I_3 \ddot{\theta}_3$$

9



## Segment 3 (head, arms, & trunk)

### 3. Apply Newton's 2<sup>nd</sup> Law (kinetics)

## □ Moments

$$\Sigma M = I_3 \ddot{\theta}_3$$

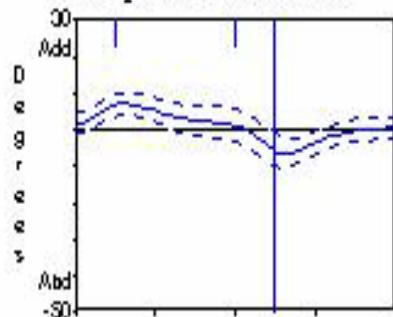
$$T_3 + Fx_3r_3\sin\theta_3 - Fy_3r_3\cos\theta_3 = I_3\ddot{\theta}_3$$

9

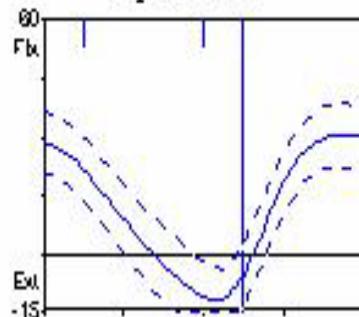
$$\begin{array}{c|ccccccccc}
1 & 1 & -1 & 0 & 0 & 0 & 0 & 0 & 0 & Fx_1 \\
2 & 0 & 0 & 1 & -1 & 0 & 0 & 0 & 0 & Fx_2 \\
3 & 1 & -1 & r_1 s\theta_1 & -r_1 c\theta_1 & (l_1 - r_1) s\theta_1 & (l_1 - r_1) c\theta_1 & 0 & 0 & Fy_1 \\
4 & 0 & 1 & 0 & 0 & 0 & 0 & -1 & 0 & Fy_2 \\
5 & 0 & 0 & 0 & 1 & 0 & 0 & 0 & -1 & T_1 \\
6 & 0 & r_2 s\theta_2 & 0 & -r_2 c\theta_2 & 0 & 1 & (l_2 - r_2) s\theta_2 & -(l_2 - r_2) c\theta_2 & -1 & T_2 \\
7 & 0 & 0 & 0 & 0 & 0 & 0 & 1 & 0 & 0 & Fx_3 \\
8 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 1 & 0 & Fy_3 \\
9 & 0 & 0 & 0 & 0 & 0 & 0 & r_3 s\theta_3 & -r_3 c\theta_3 & 1 & T_3
\end{array} = \begin{array}{c}
-m_1 r_1 (s\theta_1 \ddot{\theta}_1 + c\theta_1 \dot{\theta}_1^2) \\
m_1 (r_1 (c\theta_1 \ddot{\theta}_1 - s\theta_1 \dot{\theta}_1^2) + g) \\
I_1 \ddot{\theta}_1 \\
-m_2 (l_1 (s\theta_1 \ddot{\theta}_1 + c\theta_1 \dot{\theta}_1^2) + r_2 (s\theta_2 \ddot{\theta}_2 + c\theta_2 \dot{\theta}_2^2)) \\
m_2 (l_1 (c\theta_1 \ddot{\theta}_1 - s\theta_1 \dot{\theta}_1^2) + r_2 (c\theta_2 \ddot{\theta}_2 - s\theta_2 \dot{\theta}_2^2) + g) \\
I_2 \ddot{\theta}_2 \\
-m_3 (l_1 (s\theta_1 \ddot{\theta}_1 + c\theta_1 \dot{\theta}_1^2) + l_2 (s\theta_2 \ddot{\theta}_2 + c\theta_2 \dot{\theta}_2^2) + r_3 (s\theta_3 \ddot{\theta}_3 + c\theta_3 \dot{\theta}_3^2)) \\
m_3 (l_1 (c\theta_1 \ddot{\theta}_1 - s\theta_1 \dot{\theta}_1^2) + l_2 (c\theta_2 \ddot{\theta}_2 - s\theta_2 \dot{\theta}_2^2) + r_3 (c\theta_3 \ddot{\theta}_3 - s\theta_3 \dot{\theta}_3^2) + g) \\
I_3 \ddot{\theta}_3
\end{array}$$

# Normal Gait: Joint Kinematics & Kinetics

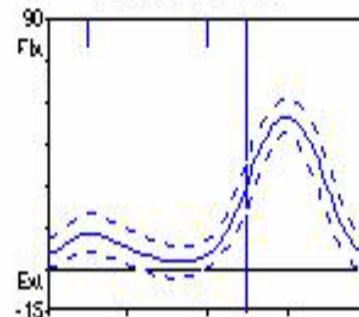
Hip Ab/Adduction



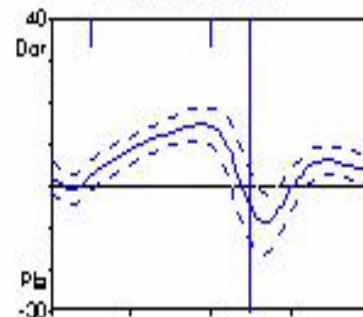
Hip Flexion



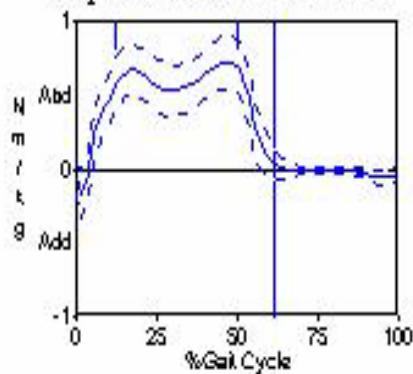
Knee Flexion



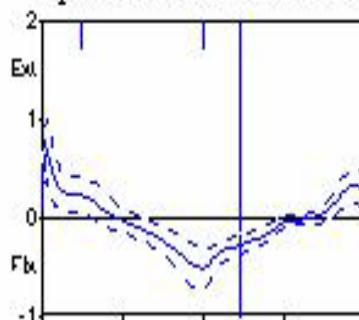
Ankle Flexion



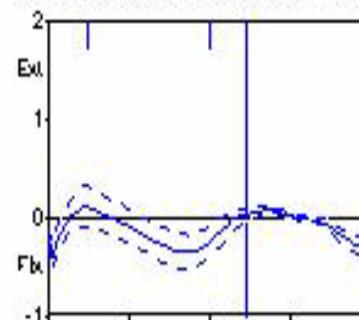
Hip Abduction Moment



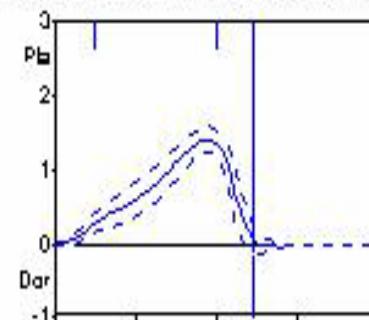
Hip Extension Moment



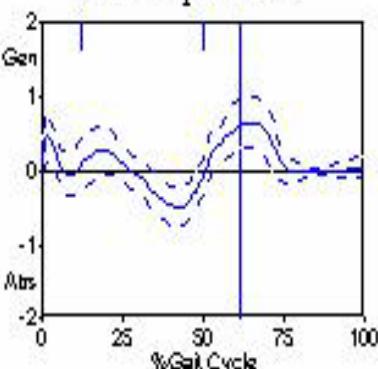
Knee Extension Moment



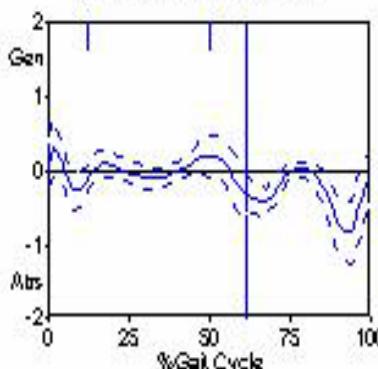
Ankle Plantarflexion Moment



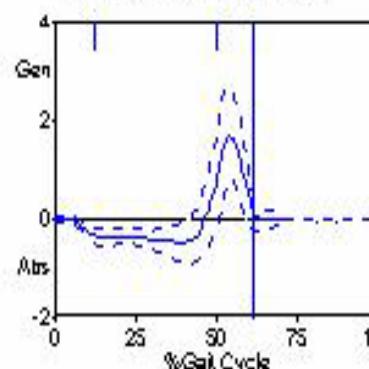
Total Hip Power



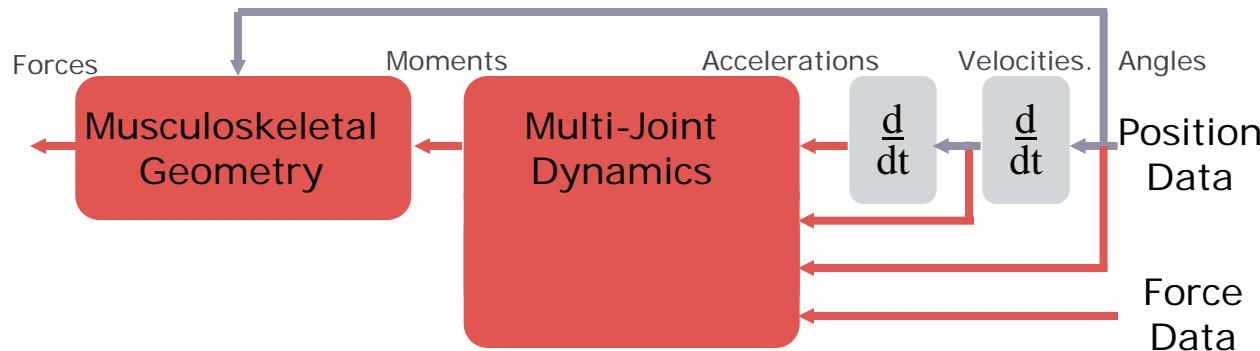
Total Knee Power



Total Ankle Power



# The Inverse Dynamics Problem

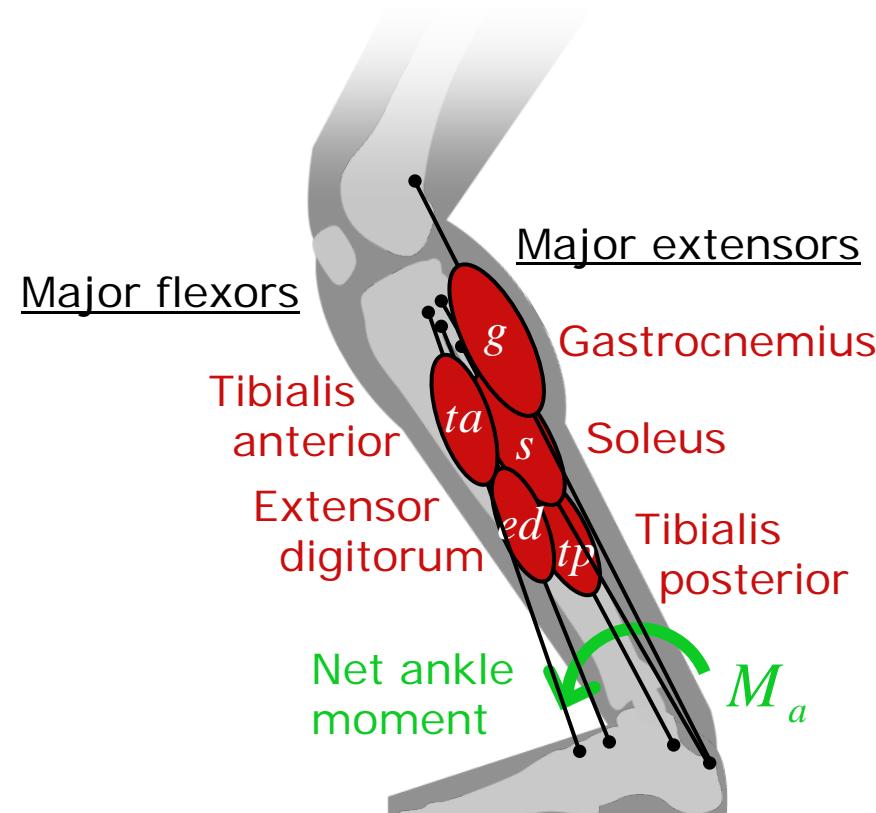


- ✓ Derive equations of motion from model of system
- ✓ Solve equations of motion with and without external forces
- Use musculoskeletal geometry and assumptions about force distribution to estimate individual muscle forces

# Net Joint Moments from Muscle Forces

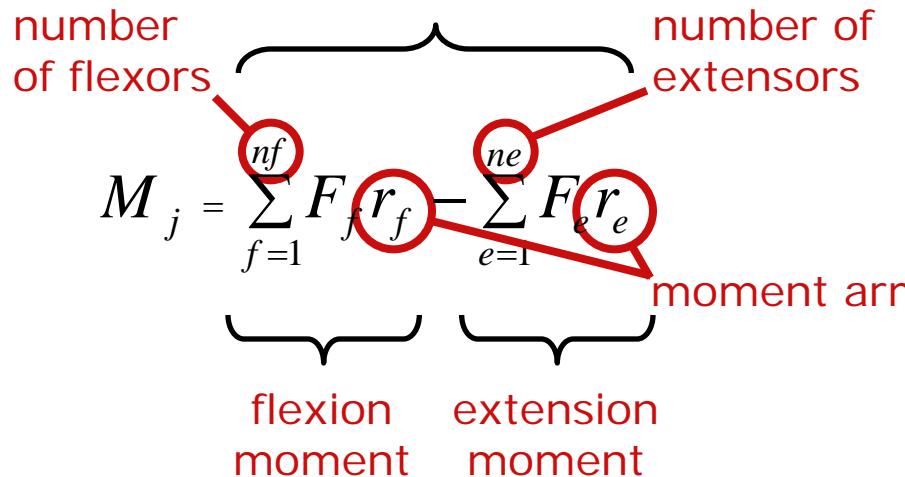
Net joint moments are produced by multiple muscles  
(previously assumed to be ideal torque actuators)

What factors will affect  
how much a muscle  
contributes to the net  
moment?



# The “Distribution” Problem

$$M_j = \sum \text{muscle moments} + \sum \text{moments due to other structures}$$



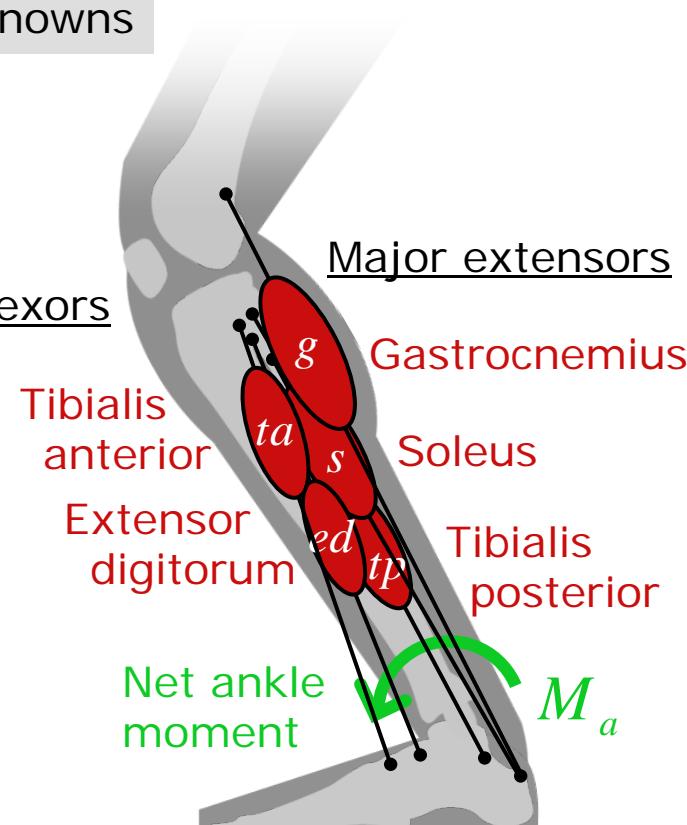
1 equation with  
 $n_f + n_e$  unknowns

## Ankle example

$$M_a = (F_{ta} r_{ta} + F_{ed} r_{ed}) - (F_g r_g + F_s r_s + F_{tp} r_{tp})$$

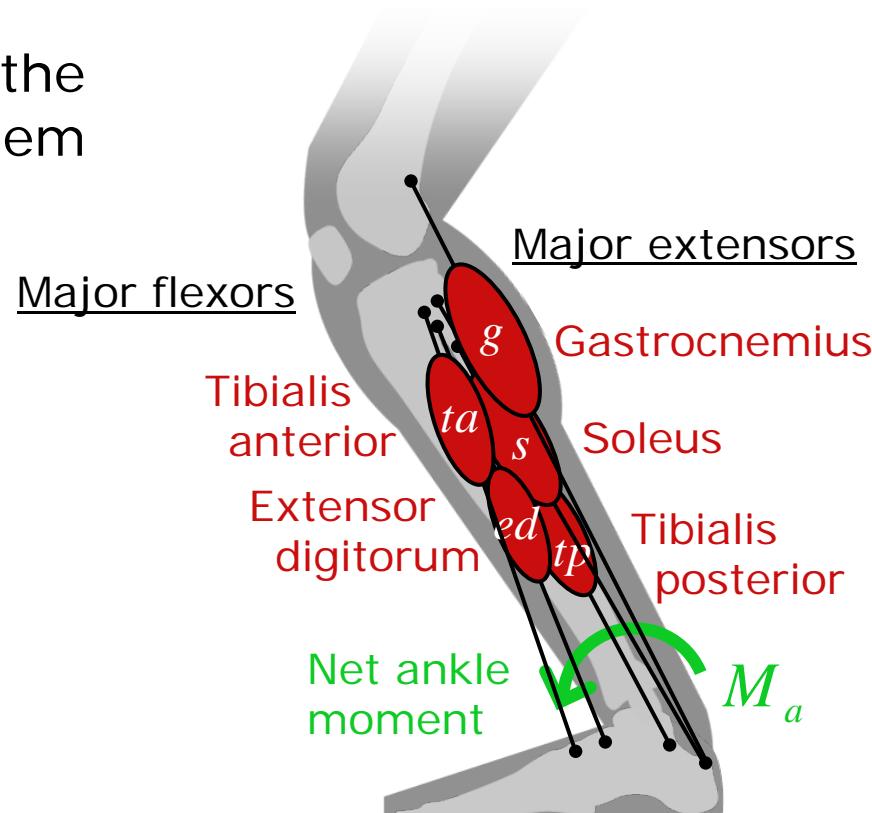
Can we reduce the number of unknowns?

Can we increase the number of equations?



# Static Optimization

- Select a criterion to minimize or maximize subject to a set of constraints
- Criterion and constraints are a function of muscle forces
- Criterion attempts to capture the goal of the neural control system
  - Minimize muscle force?
  - Minimize muscle stress?



# Static Optimization Example

minimize  $f(F_m)$

Function of muscle forces

subject to  $M_a(t) = [F_{ta}(t)r_{ta}(t) + F_{ed}(t)r_{ed}(t)] - [F_g(t)r_g(t) + F_s(t)r_s(t) + F_{tp}(t)r_{tp}(t)]$

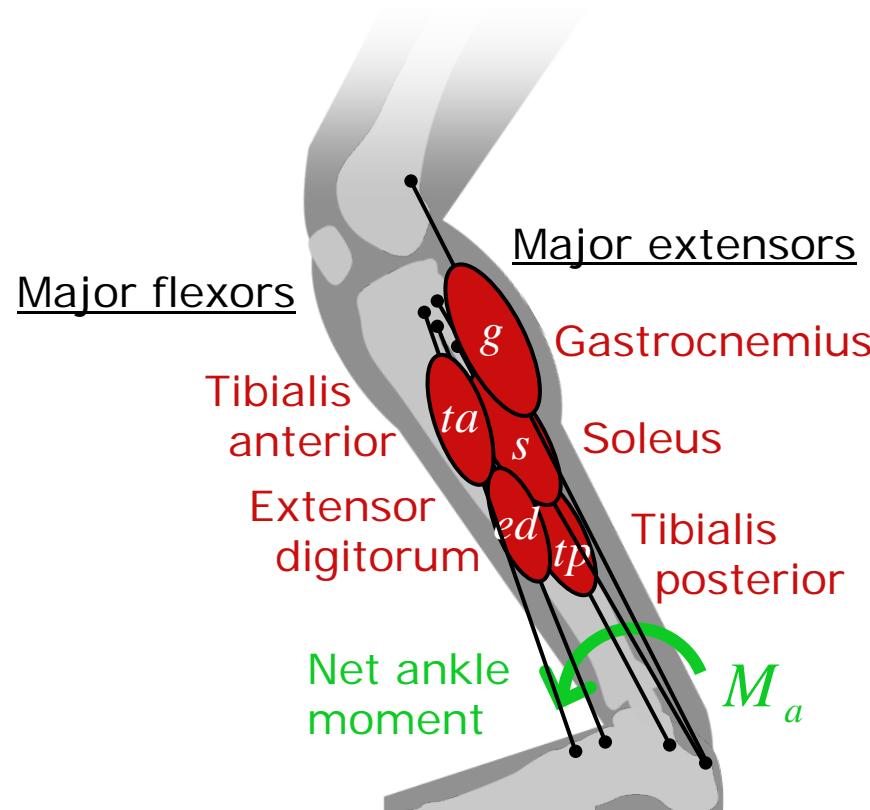
$$F_{ta}(t) \leq 900\text{N}$$

$$F_{ed}(t) \leq 800\text{N}$$

$$F_g(t) \leq 1500\text{N}$$

$$F_s(t) \leq 2500\text{N}$$

$$F_{tp}(t) \leq 1500\text{N}$$



# Static Optimization Example

minimize  $\sum_{m=1}^{nm} F_m$       Total muscle force

subject to  $M_a(t) = [F_{ta}(t)r_{ta}(t) + F_{ed}(t)r_{ed}(t)] - [F_g(t)r_g(t) + F_s(t)r_s(t) + F_{tp}(t)r_{tp}(t)]$

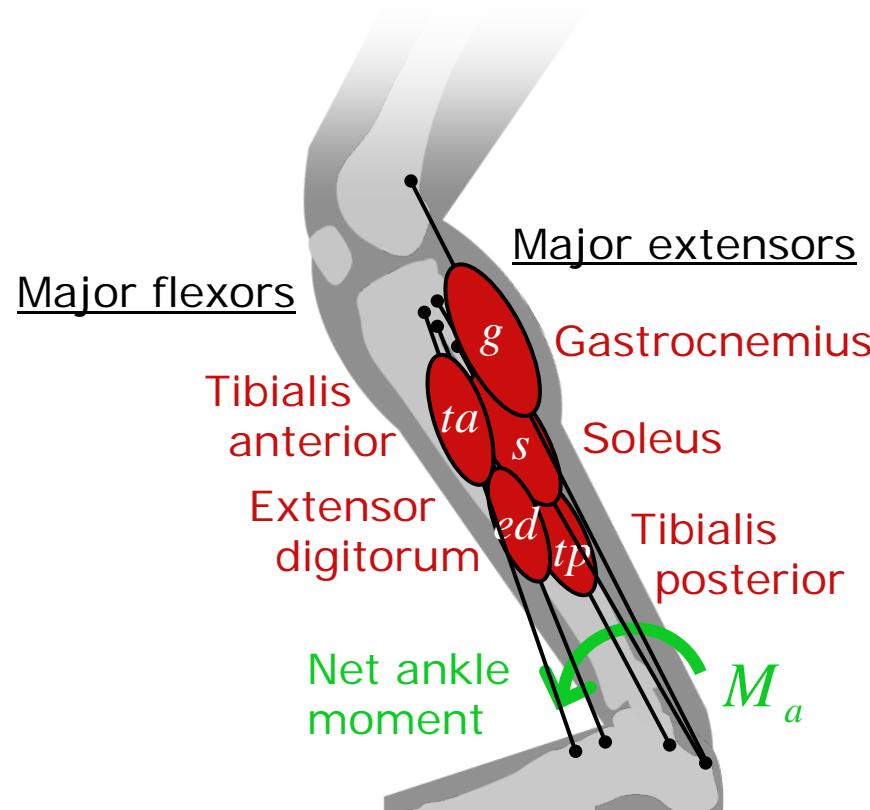
$$F_{ta}(t) \leq 900\text{N}$$

$$F_{ed}(t) \leq 800\text{N}$$

$$F_g(t) \leq 1500\text{N}$$

$$F_s(t) \leq 2500\text{N}$$

$$F_{tp}(t) \leq 1500\text{N}$$



# Static Optimization Example

minimize  $\sum_{m=1}^{nm} \frac{F_m}{PCSA_m}$  Total muscle stress

subject to  $M_a(t) = [F_{ta}(t)r_{ta}(t) + F_{ed}(t)r_{ed}(t)] - [F_g(t)r_g(t) + F_s(t)r_s(t) + F_{tp}(t)r_{tp}(t)]$

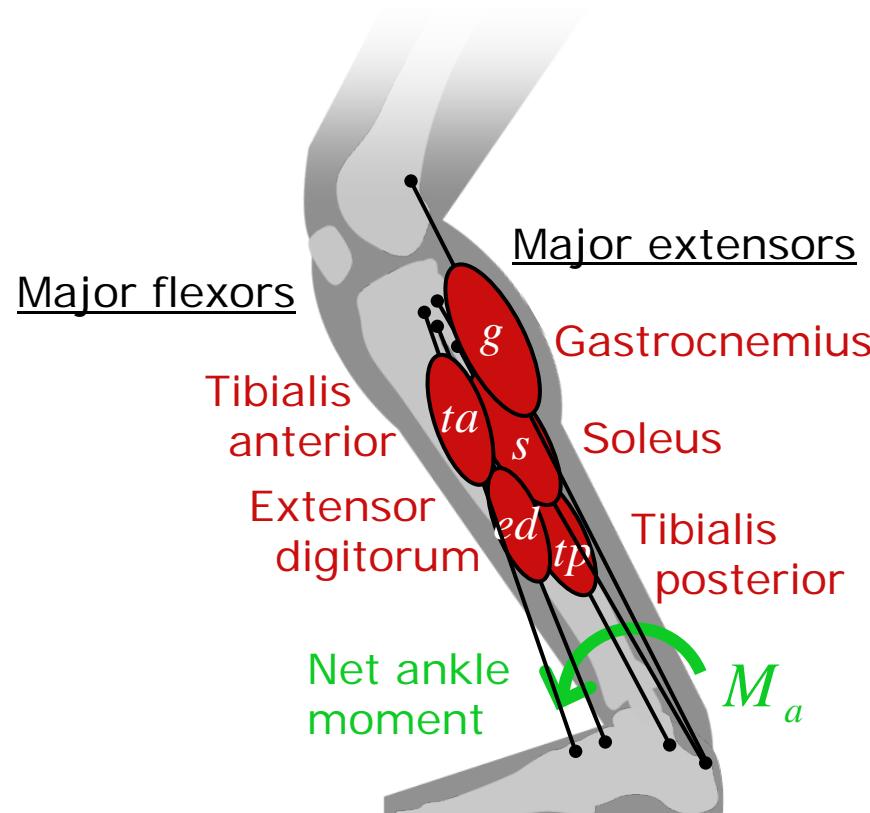
$$F_{ta}(t) \leq 900\text{N}$$

$$F_{ed}(t) \leq 800\text{N}$$

$$F_g(t) \leq 1500\text{N}$$

$$F_s(t) \leq 2500\text{N}$$

$$F_{tp}(t) \leq 1500\text{N}$$



# Static Optimization Example

minimize  $\sum_{m=1}^{nm} \left( \frac{F_m}{PCSA_m} \right)^3$  Total (muscle stress)<sup>3</sup> ~ metabolic energy

subject to  $M_a(t) = [F_{ta}(t)r_{ta}(t) + F_{ed}(t)r_{ed}(t)] - [F_g(t)r_g(t) + F_s(t)r_s(t) + F_{tp}(t)r_{tp}(t)]$

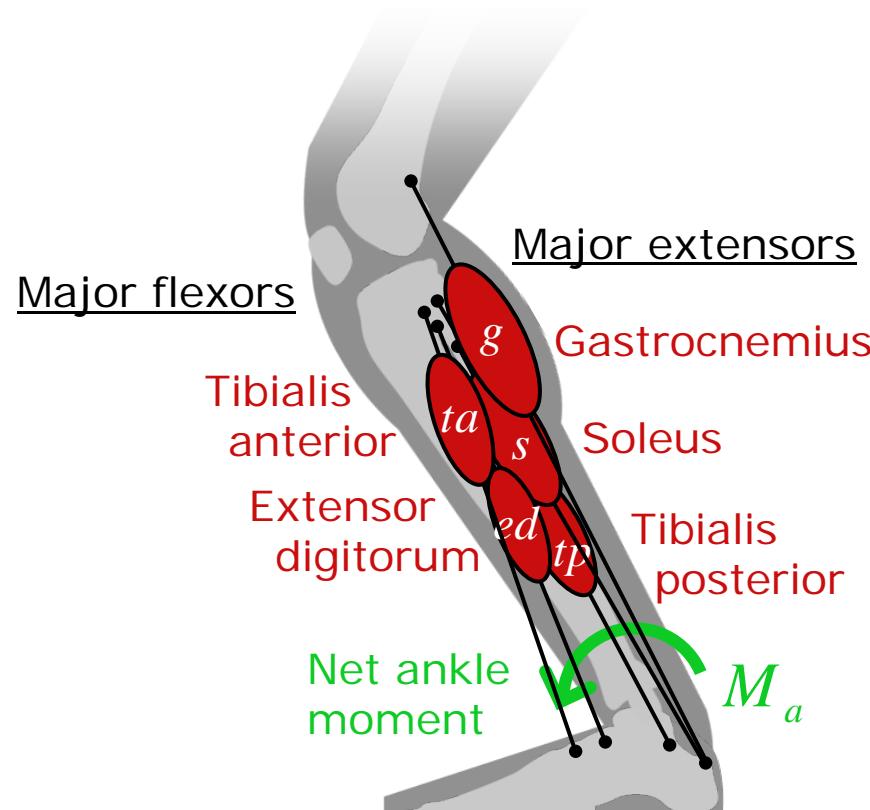
$$F_{ta}(t) \leq 900\text{N}$$

$$F_{ed}(t) \leq 800\text{N}$$

$$F_g(t) \leq 1500\text{N}$$

$$F_s(t) \leq 2500\text{N}$$

$$F_{tp}(t) \leq 1500\text{N}$$



# Consider These Functions

$$\sum_{m=1}^{nm} F_m$$

Total muscle force

$$\sum_{m=1}^{nm} \frac{F_m}{PCSA_m}$$

Total muscle stress

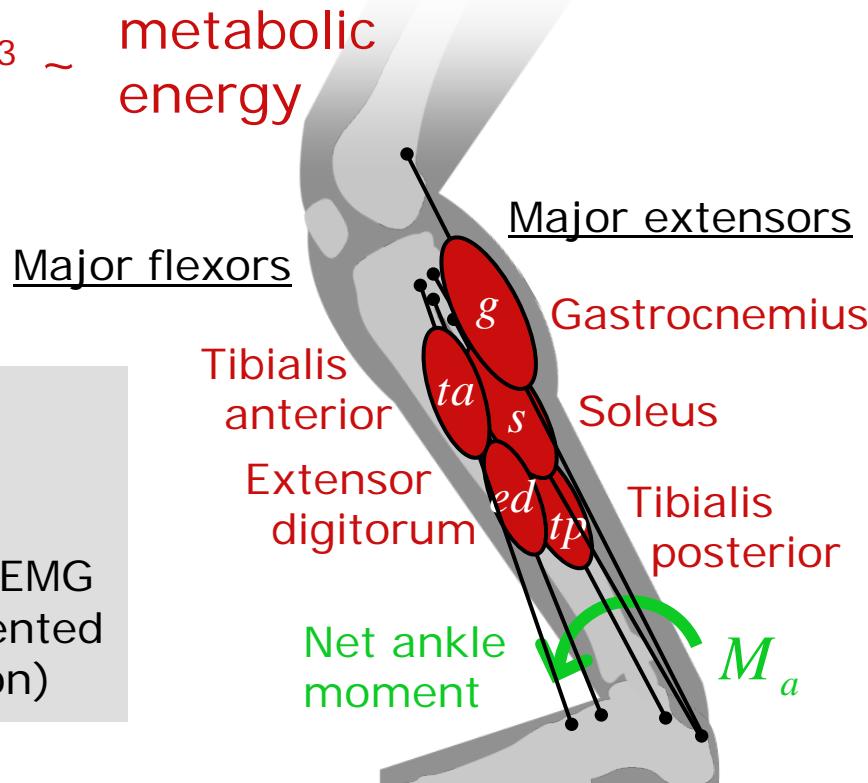
$$\sum_{m=1}^{nm} \left( \frac{F_m}{PCSA_m} \right)^3$$

Total (muscle stress)<sup>3</sup> ~

Difficult to define and validate a good criterion

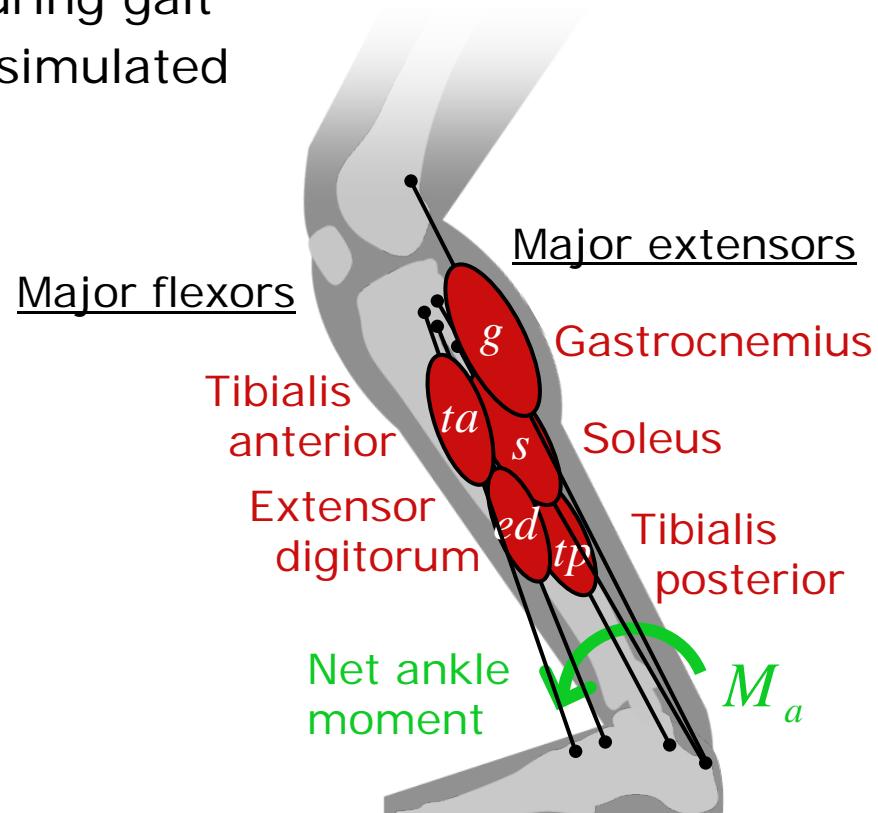
## Possible validations

- Use output to drive a forward dynamic simulation
- Compare qualitatively to experimental EMG
- Compare to measured forces (instrumented hip implant, buckle transducer in tendon)

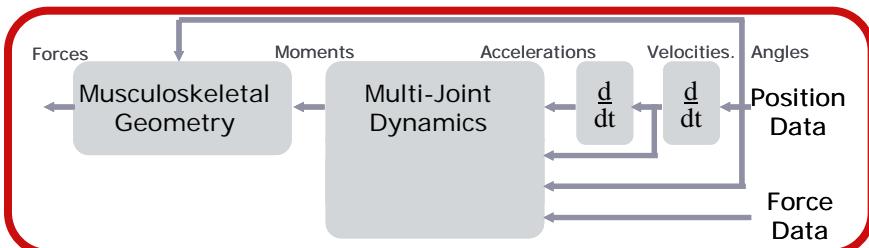


# Dynamic Optimization

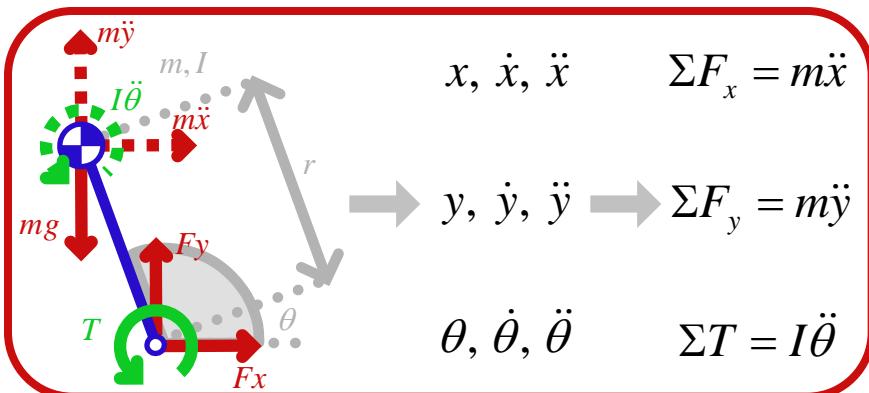
- Instead of optimizing over an instant can optimize a criterion for a motion
  - maximize height reached during a jump
  - minimize metabolic energy during gait
  - minimize difference between simulated and desired motion
- Can take dynamic properties into account
  - force-length-velocity properties of muscle
  - activation dynamics of muscle



# Main Points of the Day

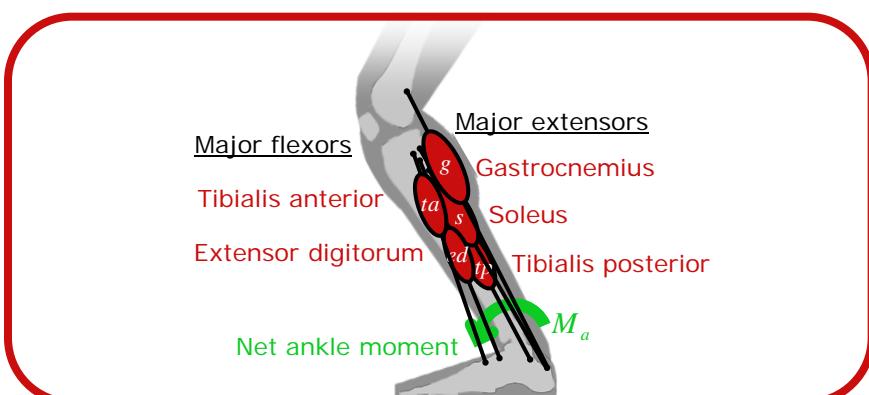


Inverse dynamics problem is useful to solve



3 steps are required for inverse dynamics

- Create free body diagram
- Solve for kinematics
- Solve for kinetics



Muscle force distribution is a problem

- More muscles than DOFs
- Optimization is useful to find a solution

## For Next Time...

- Continue Homework #9 due on  
***Wednesday (10/26)***
- Read Chapter 3, Articles 3/8 & 3/9